

**NEMAHA COUNTY HOSPITAL
AUBURN, NEBRASKA**

INSTRUCTIONS BEFORE CATARACT SURGERY

- MEDICAL PHYSICIAN MUST DO A SHORT STAY PHYSICAL WITHIN 30 DAYS
- A PRESCRIPTION FOR THE EYE DROPS HAS BEEN CALLED IN TO YOUR PHARMACY. PLEASE PICK THIS UP AND FOLLOW THE INSTRUCTIONS ON THE PACKAGE. USE THESE EYE DROPS ON THE EYE THAT WILL BE OPERATED ON. BRING THESE EYE DROPS WITH YOU ON THE DAY OF SURGERY.
- DO NOT EAT OR DRINK ANYTHING 12 HOURS BEFORE YOUR SCHEDULED SURGERY.
- NO MAKE-UP THE DAY OF SURGERY. WASH YOUR FACE THE NIGHT BEFORE SURGERY. PLEASE TAKE A BATH THE NIGHT BEFORE OR THE MORNING OF SURGERY.
- TAKE HIGH BLOOD PRESSURE OR HEART MEDICATIONS WITH A SMALL SIP OF WATER EARLY IN THE MORNING, THE DAY OF SURGERY.
- YOUR MEDICAL DOCTOR WILL PROVIDE INDIVIDUAL INSTRUCTIONS ON DIABETES PILLS OR INSULIN.
- BRING ALL INSURANCE CARDS.
- PLEASE DO NOT BRING VALUABLES.
- YOU MUST HAVE SOMEONE TO DRIVE YOU HOME.

**IF YOU HAVE QUESTIONS CALL:
SURGERY DEPARTMENT
NEMAHA COUNTY HOSPITAL
(402) 274-6137**

SURGERY DATE: _____ ARRIVAL TIME: _____ SURGERY: _____