

## **PATIENTS SCHEDULED FOR INPATIENT SURGERY WITH GENERAL OR SPINAL ANESTHETIC**

It is wise to be familiar with your insurance policy and its guidelines regarding inpatient hospitalization for surgery. Some companies require that you get an admission pre-certification prior to your surgery. Failure to do so may significantly decrease the amount of your bill covered by insurance. THIS IS YOUR RESPONSIBILITY AS THE POLICY HOLDER.

You will be admitted the morning of your surgery. You will need to follow these guidelines before your admission:

1. Contact your physician and inform him of your surgery and set up an appointment to get a physical and blood work done ahead of time. When you make the appointment, be sure to say it is for a physical so enough time will be allowed for this visit. This must be done within 7 days of surgery. **Failure to complete this physical will cancel your surgery.**
2. Have nothing to eat or drink after midnight the evening before surgery. Your surgery will have to be cancelled if this is not done.
3. You will be given an antiseptic soap to take a bath or shower with prior to your arrival at the hospital. This should be done the morning of surgery. The soap is not meant to be used in the eyes or ears. If it accidentally should, rinse out promptly and thoroughly with water. Please put on freshly laundered clothes for the trip to the hospital.
4. Ask your physician if you should take your regular medications if you are on any. If you are on any aspirin or blood thinners, please bring that to his attention. This includes anti-platelet medications and synthetic coumadin medications like Plavix, Pletal, Aggrenox, Effient, Brilinta, Xarelto, Eliquis, Pradaxa. These may need to be stopped several days before surgery. Please take any prescribed heart /blood pressure medications. It would be helpful to bring a list of any medications you are taking, including the dosages, when last taken, and a list of allergies. Bring any inhalers with you to the hospital. Please notify us if you are diabetic.
5. You should present yourself to the receptionist at the front desk, or the nurse's station if the receptionist is not there. You will need to be at the hospital a minimum of two hours prior to your surgery time. Please bring any insurance cards or forms with you. Wear comfortable clothes and leave anything that is of value at home, such as jewelry or money. Jewelry should be removed prior to surgery as well as nail polish if you wear it. If you wear contact lenses, please wear your glasses. It is also helpful to bring slippers if you have some.

If you have any questions regarding these instructions or your surgery, please contact the surgery department at the hospital. The number is (402) 274-4366, extension #6137 or voice mail at 274-6137.

SURGERY DATE: \_\_\_\_\_

ARRIVAL TIME: \_\_\_\_\_

SURGERY TIME: \_\_\_\_\_