

PATIENTS SCHEDULED FOR OUTPATIENT SURGERY WITH GENERAL ANESTHETIC OR STAND-BY ANESTHESIA

It is wise to be familiar with your insurance policy and its guidelines. Some companies require pre-certification prior to your surgery. This needs to be done in advance of your surgery. THIS IS YOUR RESPONSIBILITY AS THE POLICY HOLDER.

1. Notify your physician's office that surgery has been scheduled and make an appointment to get a physical and blood work done ahead of time. When you make the appointment, be sure to say it is for a physical so enough time will be allowed for this visit. This must be done within 7 days of surgery. **Failure to complete this physical will cancel your surgery.**
2. We request that you have nothing to eat or drink after midnight the evening before surgery. Your surgery will have to be cancelled if this is not done.
3. You should present yourself to the receptionist at the front desk, or the nurse's station if the receptionist is not there. You will need to be at the hospital a minimum of two hours prior to your surgery time. Please bring any insurance cards or forms with you. Wear comfortable clothes and leave anything that is of value at home, such as jewelry or money. Jewelry should be removed prior to surgery as well as nail polish if you are having hand or arm surgery. If you wear contact lenses, please wear your glasses. It is also helpful if you could bring slippers if you have them available.
4. You will be given a bottle of antiseptic soap to take a bath or shower with prior to your arrival at the hospital. This may be done the morning of the surgery. The soap is not meant to be used in the eyes or ears. If accidentally should, come in contact with ears or eyes, rinse out promptly and thoroughly with water. Please put on freshly laundered clothes for the trip to the hospital.
5. Please make arrangements for someone to drive you home from the hospital after your surgery. You will not be allowed to drive yourself home. It is suggested someone stay with you after surgery for the first 24 hours.
6. Ask your physician if you should take your regular medications if you are on any. If you are on any aspirin or blood thinners, please bring that to his attention. This includes anti-platelet medications and synthetic coumadin medications like Plavix, Pletal, Aggrenox, Effient, Brilinta, Xarelto, Eliquis, Pradaxa. These may need to be stopped several days before surgery. Please take any prescribed heart /blood pressure medications. It would be helpful to bring a list of any medications you are taking, including the dosages, when last taken, and a list of allergies. Bring any inhalers with you to the hospital. Please notify us if you are diabetic.
7. We will do everything possible to make your stay a pleasant one. Our nurses will provide you with a post-operative instruction sheet and home going medications, and they will review these with you before you leave the hospital. Be sure to follow your instruction sheet upon returning home. It is normal to feel dizzy and a little sleepy for several hours after your operation, therefore, you should not drive, drink alcoholic beverages, or make any significant decisions until this feeling is completely gone (usually 24 hours).

If you have any questions regarding these instructions or your surgery, please contact the surgery department at the hospital. The number is (402) 274-4366, extension #6137 or voice mail at 274-6137.

SURGERY DATE: _____

ARRIVAL TIME: _____

SURGERY TIME: _____

ORIG: 3/89 REV: 01/00, 11/02, 09/13, 04/14
Surgery Clinic SRV/worksheets