

NEMAHA COUNTY
HOSPITAL

2019
CALENDAR

GROWING • LEARNING • SHARING • LEADING



Message from Nemaha County Hospital's CEO

Another very eventful year has come and gone here at Nemaha County Hospital. We have had some challenges and some successes throughout the year, but probably the biggest challenge and success has been the remodel of our outpatient area. This is the busiest area in the hospital so we knew that we were going to create a significant disruption when we closed that area down for the remodel.

The main reason that we had to close the entire area down is because we needed to change the way this area is heated, cooled and ventilated. This area was heated and cooled by a set of three roof-top units. These units provided adequate heating and cooling but they did little to remove the humidity from the air in the summer, so we would end up with water dripping from the ceiling or running down the walls. We knew there was no sense in replacing ceiling tile and wall coverings until the humidity problem was resolved. We have now tied this area into the existing air handlers that service the rest of the building but in order to remove the existing

roof-top units and duct work, we had to completely remove the ceiling and light fixtures, thus, the reason for closing the entire area at once.

As I said, we have now changed the way the climate is controlled in this area, and we should be able to control the humidity. We made some other changes to the area to brighten it up and make it more user-friendly. I think you will like it when we are finished.

I was very impressed with everyone who was impacted by the disruption of this remodel. The staff adapted very well to using the alternate area in the south wing for the outpatient clinics. The visiting physicians adapted very well to the change and you, the patients, adapted very well to this change. Thank you for working with us to make a potentially difficult situation a non-problem.

I would be remiss if I didn't mention the good work and cooperation of Beckenhauer Construction and all of the sub-contractors. They kept the noise to a minimum. The parking lot was not disrupted, and there was little to no dust that found its way into the rest of the hospital. This area opened to patients the middle of October.

I think you are going to like our new look!

Marty Fattig, CEO



MISSION STATEMENT

Quality Care, Every Time

VISION STATEMENT

We deliver personalized, high-quality service in a safe and caring environment.

CORE VALUES

Integrity
Compassion
Accountability
Respect
Excellence

IMPORTANT PHONE NUMBERS

Operator/Switchboard
402.274.4366

Appointment and Scheduling
402.274.6140

KEY FIGURES

Nemaha County Hospital is a vital part of our region. We are one of the largest employers in Nemaha County, attract skilled workers to our area and enhance the local economy, even as we provide critical healthcare services to thousands of area residents.

LOCATION

At Nemaha County Hospital, quality care is always close to home. We serve Southeast Nebraska as well as Northwest Missouri and Northeastern Kansas.

IMPORTANT EMAIL ADDRESSES

Nemaha County Hospital
info@nchnet.org

Home Health Care
homecare@nchnet.org

NEMAHA COUNTY HOSPITAL

Board of Directors 2018



Larry Jones
Chairman



Dr. Daryl Long, PhD
Vice-Chairman



Richard Moody
Secretary



Michael Casey
Treasurer



Kay Oliver
Member-at-Large



Nebraska Hospital Association Recognizes Nemaha County Hospital for Dedication to Improving Patient Care

In 2018, Nemaha County Hospital (NCH) was recognized by the Nebraska Hospital Association (NHA) for our work to improve quality of care as part of National Partnership for Patients' Hospital Improvement Innovation (HIIN) Network initiative.

The NHA and 69 Nebraska hospitals partnered with the Health Research and Educational Trust of the American Hospital Association (HRET) in this important work. The AHA is one of 16 national, regional, or state hospital associations, Quality Improvement Organizations (QIO), and health system organizations selected by Centers for Medicare & Medicaid Services (CMS) to work on the Partnership for Patients initiative, reducing preventable hospital-acquired conditions and readmissions. The HIIN's goal is to achieve a 20 percent decrease in overall patient harm and a 12 percent reduction in 30-day hospital readmissions as a population-based measure (readmissions per 1,000 people) from the 2014/2015 baseline. Efforts focus on consistently providing high quality care to each community in Nebraska.

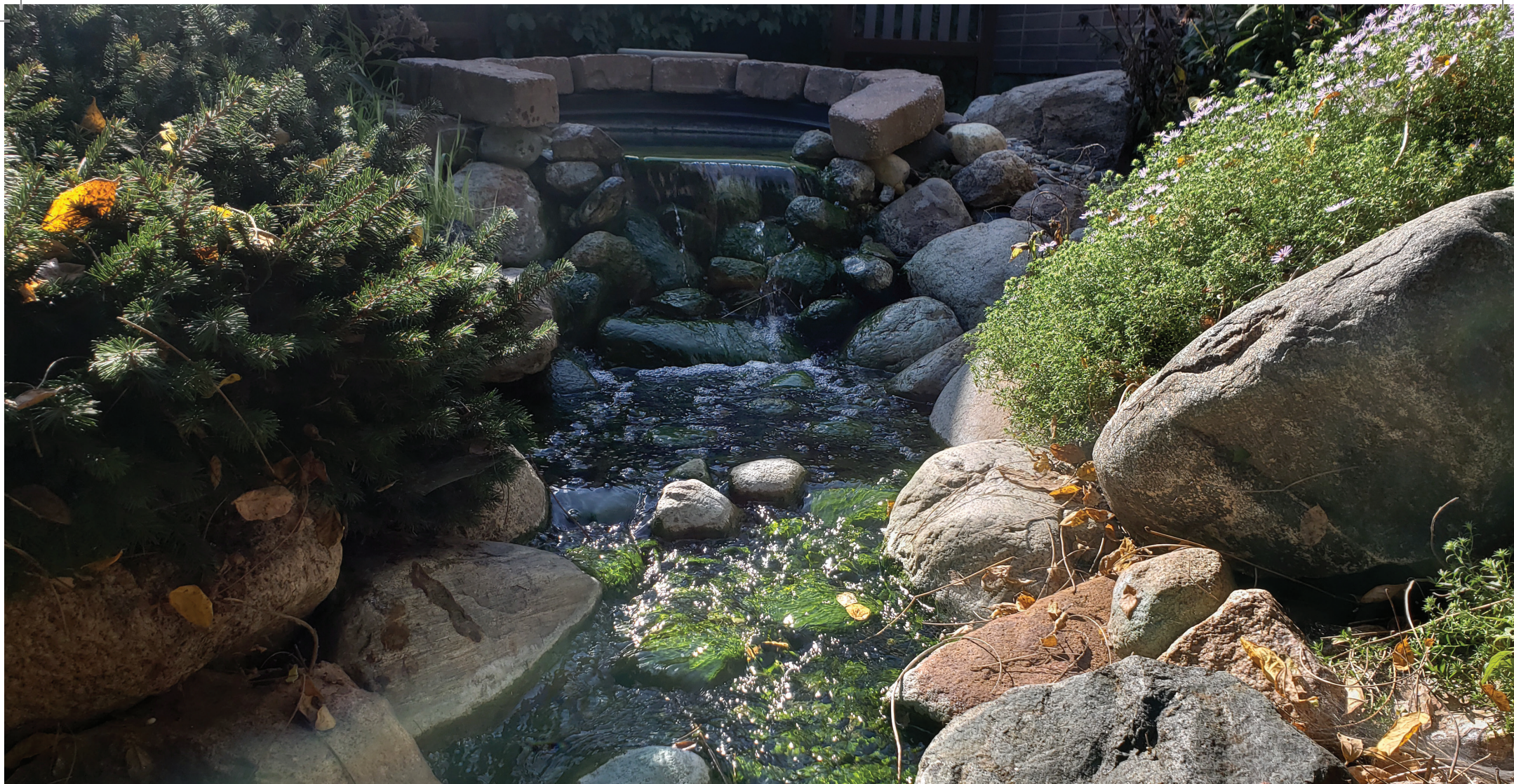
During HIIN's first year, October 2016-October 2017, Nebraska's 69 hospitals showed improvement in reducing patient harm. An estimated 3,672 patient harms were prevented, 310 lives were saved and \$27.3 million in costs were avoided.

"We are constantly working to improve our systems and our services. What we have accomplished over the last 12 months sets an example that it can be accomplished successfully and repeated anywhere," said Marty Fattig, CEO. "We want to continue our commitment to providing the best care possible to all patients who come to us."

JANUARY

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 New Year's Day	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21 Martin Luther King Jr. Day	22	23	24	25	26
27	28	29	30	31	January Health Tip Keep yourself and your family healthy this flu season by covering your mouth when sneezing and coughing, cleaning and disinfecting frequently touched surfaces at home, work or school, staying hydrated and getting plenty of sleep. For more health tips, connect with us on Facebook — @NemahaCountyHospital	





Your Contribution Today, Helping Our Community Tomorrow

With reductions in Medicare and Medicaid payments faced by many hospitals, philanthropic efforts have become an important factor in helping our hospital reach its goals. The Nemaha County Hospital Foundation serves to fulfill those efforts.

The NCH Foundation, founded in 1990, has a mission to support healthcare services and hospital projects through charitable donations. Your contribution to the NCH Foundation will help to ensure the availability of quality of healthcare in the communities served by our hospital.

No matter the size of the gift, all donations are guaranteed by the Foundation in the manner for which

they are intended. Every donation, from \$25 memorials to larger donations for equipment, have a positive impact on our future ability to provide a high quality of care.

Current Foundation Board Members:

Leslie Bratrsovsky	Joe Casey
John Chaney	Ruth Gerdes
Derek Hemmingsen	Jacquelyn Kelsay
Brent Lottman	Sara Moody

Diane Peterson
Melva Sage

Virginia Pippert
Nate Teten

If you would like the opportunity to serve on the Foundation Board or would like more information about Nemaha County Hospital, please call or write:

Nemaha County Hospital
Administrative Office
2022 13th Street
Auburn, Nebraska 68305
402-274-6121 or 402-274-6139

FEBRUARY

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1	2 Groundhog Day
3	4	5	6	7	8	9
10	11	12	13	14 Valentine's Day	15	16
17	18 Presidents' Day	19	20	21	22	23
24	25	26	27	28	February Health Tip During winter months, comfort food always sounds good. Instead of eating deep fried foods, processed meats and sugary treats, keep your heart healthy by eating high-fiber, low-sugar whole-grain breads and cereals, high-quality protein fish, poultry and lean meats, along with low-fat dairy and natural cheeses. For more health tips, connect with us on Facebook — @NemahaCountyHospital	



Maintenance Department

The Maintenance Department at Nemaha County Hospital is made up of three employees. Jason Roush, Director of Plant Engineering, Mike Vrtiska, Maintenance Technician, and Dennis McClintock, Maintenance Technician. The Maintenance Department is required to have a very broad knowledge base. They work on everything from plumbing and electrical to HVAC and hospital equipment. They also ensure that NCH follows all Life Safety and National Fire Protection Agency Codes.


One of the most important jobs is to maintain the hospitals HVAC equipment. NCH uses state-of-the-art technology to help ensure our facility is taken care of. The NCH Building Systems Program allows the Maintenance staff to monitor the hospital air handlers, boilers and chillers without being on site. This not only ensures comfortable temperatures but also a good quality of air for our patients and staff.

The Maintenance department also maintains all of the hospital grounds. They plant new flowers every year and maintain the healing garden, including the waterfall and pond. In the summer, the department is in charge of all of the mowing, and in the winter the department takes care of the snow removal.

The Maintenance Team at Nemaha County Hospital works very hard to ensure a safe and comfortable environment for our patients and staff members.



MARCH

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1	2
3	4	5	6 Ash Wednesday	7	8	9
10 Daylight Saving Time	11	12	13	14	15	16
17 St. Patrick's Day	18	19	20	21	22	23
24	25	26	27	28	29	30
31	March Health Tip Soak up some Vitamin D this month. Ten to fifteen minutes of activity in the sun is a good mood lifter throughout the winter season. For more health tips, connect with us on Facebook — @NemahaCountyHospital 					



New MedSafe Box Aims to Solve Issue of Leftover Medications

Unused prescription medications can cause a variety of issues. Incorrectly disposed of medications can find their way into the community water supply, and excess medications stored at home can be susceptible to misuse.

In 2018, Nemaha sought to solve these issues with the introduction of a MedSafe receptacle. Members of the community can safely drop off most old and unneeded medications during hospital hours.

The shiny blue container found at the ER entrance of Nemaha County Hospital will help to solve the vital public health issue faced by the illegal use of prescription medications for unintended purposes.

The medications in the box will also be disposed of properly in order to reduce negative environmental impacts. The MedSafe is secured with double locks, so people can even feel secure dropping off medications in the original packaging without having to remove personal information.

“It’s one of the newer services we’re excited about offering our community,” said Marty Fattig, CEO. “Until now there hasn’t been a great option for disposing of unused medications.”

APRIL

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
Palm Sunday					Good Friday	
21	22	23	24	25	26	27
Easter					Arbor Day	
28	29	30			April Health Tip “Spring clean” your eating habits. After a season of celebration, revisit your portions, clean out your cupboards and fridge, consume more water and less dehydrating drinks and begin planting your garden inside. For more health tips, connect with us on Facebook — @NemahaCountyHospital	



Nemaha County Home Care

Remote monitoring of patients has proven to be very beneficial to home health patients in the prevention of emergency room visits and re-hospitalization. Nemaha County Home Care is pleased to be able to offer MyVitalz telemonitors to our patients who would benefit from this additional monitoring. Patients are able to take their blood pressure, pulse, weight, and oxygen level on a daily basis, a process that takes only five minutes. This information is then sent via Bluetooth to a HIPAA secure site. No internet, phone line or computer is necessary in the home.

Our RNs then log into this website seven days/week and evaluate the readings. If the readings are not within normal limits for that patient, they will call the patient to discuss how they are feeling and any problems or concerns that the patient or their caregiver may have. Then, if needed, the RN can make a home visit or can contact their physician, updating them on the situation. By doing this in a timely manner, many issues can be resolved before the situation escalates and requires re-hospitalization or a preventable emergency room visit. We are able to print reports that can be shared with the patients and their physicians. This information allows health care providers to develop an appropriate plan of care, making adjustments in medications or care as needed.

The knowledge that the patient also gains with these measurements gives them a better understanding of their condition as well. With this in mind, Nemaha County Home Care is able to provide our patients with the best care possible and allow them to meet their goals in a timely manner.



MAY

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1 NCH opened on May 1, 1963	2	3	4
5	6	7	8	9	10	11
12 Mother's Day	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27 Memorial Day	28	29	30	31	
May Health Tip Plan colorful meals—add carrots, tomatoes, broccoli, fresh herbs and more to your favorite dishes this spring.						
For more health tips, connect with us on Facebook — @NemahaCountyHospital						



Stop the Bleed

Out of all the preventable deaths caused by traumatic injuries, uncontrolled bleeding is the No. 1 cause. Traumatic injuries can occur in a variety of ways, including both accidental injury or intentional harm to a person. These injuries can happen in a wide variety of locations, varying from the household to the workplace.

There's no guarantee that a medical professional will be nearby when a traumatic injury causing bleeding occurs, which is why it is so important for as many people as possible to know how to stop the bleeding. With this knowledge, you could help to save someone else's life, or even your own life if you are traumatically injured.

Nemaha County Hospital's COO, Kermit Moore, is certified as a "Stop the Bleed" trainer. This training course provides anyone, even those with limited or no existing medical training, the knowledge they need to help prevent a death due to traumatic blood loss. This one-hour course is available free of charge to any business, school,

government agency or community group.

The information received in this training course could make the difference in saving the life of somebody else, or your own life.

For more information, or to schedule a class, contact Kermit Moore at kmoore@nchnet.org.

JUNE


SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
Father's Day						
23	24	25	26	27	28	29
30	June Health Tip Encourage your family to eat healthy snacks this summer. Replace chips and dip with cherries and berries.					
	For more health tips, connect with us on Facebook — @NemahaCountyHospital 					

Photo: Nemaha Valley Museum (Auburn, NE)



NCH History and Origins

Nemaha County Hospital (NCH) was first dedicated and opened for public health services more than 50 years ago, in 1963. The original building contained 26 beds and was funded by bonds from Nemaha County and Hill-Burton funds.

As the institution rapidly grew, an additional bond was issued in 1970 to increase the bed number to 44, meeting additional demands for healthcare at the hospital. With this first expansion came four intensive care beds and new administrative offices.

In 1974, NCH added more amenities and services, including physical therapy, a store room, maintenance garage, ambulance garage, a dining room and kitchen remodel.

In 1992, the bed capacity was reduced slightly, and rooms formerly utilized for patients were converted into pharmacy and nursing office spaces. Bed capacity gradually decreased due to cardiac rehab remodeling and decreased inpatient census.

In 2000, voters passed a \$4.75 million bond for a remodel completed in three stages. This project, completed in 2003, added a wing for outpatient services, new operating and procedure rooms, contemporary ER facilities, private patient rooms and more.

The front of the hospital was remodeled in 2010, including a new classroom, server room, library, home health office, cardiac rehab room, administrative offices, boardroom, business office and expanded cafeteria.

In 2011, NCH began work with Det Norske Veritas to annually inspect the facilities using the Federal Critical Care Hospital standards and the International Organization for Standardization.

In 2014, NCH added a Pet Therapy program, which has had great success in providing comfort to many patients.

As of today, the bed capacity for NCH is 16 beds. We continue to make improvements and updates throughout the years.

JULY

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1	2	3	4 Independence Day	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31		July Health Tip This summer, discover different meals that you can cook on the grill. Meat and vegetable kabobs, grilled fish tacos, burgers with grilled vegetables on the side—the meal possibilities are endless. Enjoy!	

For more health tips, connect with us on Facebook — @NemahaCountyHospital



Physicians/PAs

Our physicians put you first. All are board-certified family practitioners committed to your health. Nemaha County Hospital (NCH) physicians are supported by a full complement of staff, including three certified Physician Assistants.

All Physicians and Physician Assistants serve in our Trauma Center and Emergency Department—NCH is the only hospital in Southeast Nebraska to offer in-house Advanced Trauma Life Support Certified providers 24/7. In addition, the entire team is also certified in Basic Life Support and Advanced Cardiac Life Support.

Doctors



Dr. Gary R. Enszt, MD



Dr. Dana S. Farris, MD



Dr. John A. Gill, MD



Dr. Jeffrey G. Meade, MD



Dr. Michael L. Zaruba, MD

Physician Assistants



Dr. Andrew Brown, PA-C



Jill Haveman, PA-C



Alan T. Smyth, PA-C

Specialists at NCH

Nemaha County Hospital (NCH) offers several specialty clinics that bring well-known physicians to our area for the convenience and good health of our communities. Why drive for hours to see a physician when the specialists come right here to see you?

NCH offers a broad range of health services. Our team of highly trained professionals is prepared to meet your healthcare needs in a compassionate, friendly, and professional manner.

Most routine procedures and tests ordered by your physician can be safely performed right here at NCH. With nearly 25 consulting specialists, we offer you services you would normally have to travel to the city for.

Each physician is board certified in their area of specialty. They have been chosen to come to NCH for their expertise and for their desire to serve patients outside of the metro area. Whether you see these doctors at their office or here at NCH, you will find the same high level of care, much closer to home.

In May of 2018, NCH began the process of renovating the outpatient wing of the hospital. The renovation was completed in October 2018. It provides a fresh new look and a more comfortable climate to the patients and staff.



Dr. Kaliprasad Ayala
Cardiology



Dr. Joshua Evans
Gastroenterology



Dr. Sao Jang Liu
Ophthalmology



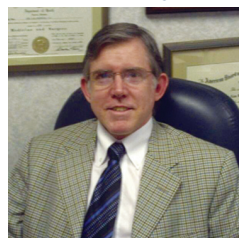
Dr. Steven Meinhold
Podiatry



Dr. Peter Howe
Urology



Dr. Timothy Gardner
Cardiology



Dr. James Bobenhouse
Neurology



Dr. David Clare
Orthopedics



Dr. Ellen Miller
Pulmonology



Simone Vampola, APRN
Urology



Dr. Douglas Netz
Cardiology



Dr. Richard Andrews
Neurology



Steve Gabriel, PA-C
Orthopedics



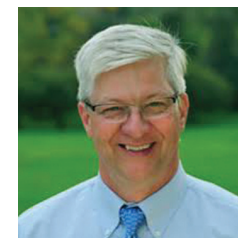
Dr. Jennifer Miller, APRN
Pulmonology



Dr. David Bingham
Vascular



Dr. Chad Travers
Cardiology



Dr. Frank DeVries
OB-GYN



Dr. Keith Lawson
Orthopedics



Dr. Stephen Nagengast
Surgery



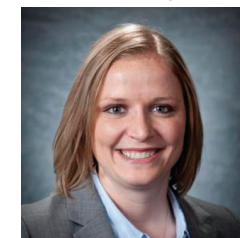
Dr. Steve Tyndall
Vascular



Dr. John Pflug
Ear, Nose and Throat



Dr. Stacey Knox
Oncology



Laura Wegehaupt, PA-C
Orthopedics



Allie Koester, PA-C
Surgery



Dedicated Physicians

Auburn Family Health Center, P.C. (AFHC) Physicians and Physician Assistants are dedicated to improving their knowledge and medical expertise, as the common goal is to serve our community with quality and excellence. They have devoted time in vital programs and training courses that will positively impact patient care.

Drs. Enszt, Farris, Meade, Gill and Zaruba are certified in the following programs: Advanced Cardiovascular Life Support (ACLS), Advanced Trauma Life Support (ATLS), Basic Life Support (BLS), along with

maintaining their continuing education hours to be acknowledged as Board Certified Physicians with the American Board of Family Medicine (ABFM).


The PA's who provide 24/7 coverage in the Emergency Department at Nemaha County Hospital (NCH) are employed by AFHC. They maintain certification in ACLS, ATLS, and BLS. The three PA's play a crucial role in patient care and their certifications endorse the high level of care expected when a patient presents to NCH.

These courses offer Physicians and PA's cutting-edge technology and skills that prove to be beneficial in treating patients effectively. Dr. Enszt added, "I feel it is important to give our patients and their families the reassurance that they are receiving the same care that they would receive in a large city. With this state-of-the-art training that is offered throughout the U.S., we are able to provide a standardized way to care for the patient."

In addition to the above certifications, Dr. Meade and Dr. Zaruba are registered medical examiners on the Federal Motor Carrier Safety Administration's (FMCSA) National Registry of Certified Medical Examiners. They are able to perform DOT/CDL physicals in accordance with the new FMCSA guidelines.

The Physicians and Physician Assistants maintain these accreditations to demonstrate their ongoing commitment to the community and, in turn, providing each patient with "Quality Care, Every Time."

AUGUST

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31
	August Health Tip A+ snack tips: • Instead of chips and dip, chop up fresh vegetables • Instead of cookies, make apple “donuts” (apple slices topped with nut butter and coconut)					
	For more health tips, connect with us on Facebook — @NemahaCountyHospital					

Healthy Living

Nemaha County Hospital is committed to ensuring our patients and the members of our surrounding communities live healthy, happy lives. The guidance and treatment provided by several of both our inpatient and outpatient services help us towards this goal.

Our Dietary Services department is dedicated to providing patients, staff and guests with both nutritious and balanced meals. A healthy diet is an

important step in both recovery and in continuing a healthy lifestyle. We have a variety of options tailored to meet the dietary needs and personal preferences of our patients.

Whether you're recovering from a major injury, or facing aches and pains, our Physical Therapy department strives to be the premier provider of Physical Therapy services in Auburn and our surrounding communities. Services include inpatient care, outpatient care and Home Health Care.

Physical Therapy services offered by Nemaha County Hospital are available to treat a wide variety of conditions. Physical Therapy with us helps to treat spine pain and injury, shoulder pain and injury, knee pain and injury, ankle or foot pain and injury, and hip pain or injury. There are also a variety of other conditions which may benefit from physical therapy, including but not limited to neurological conditions, dizziness, balance problems and arthritis.

When lives are interrupted by illness, injury, developmental disability or aging, our Occupational Therapy department can help to restore or develop independence. Our Occupational Therapists evaluate patient needs, determine specific goals and develop a program to increase independence, safety and confidence. Occupational Therapy at NCH can help with a variety of challenges ranging from difficulty feeding oneself to decreased extremity function and more.



SEPTEMBER

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2 Labor Day	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					
September Health Tip Fall super foods — apples, brussel sprouts, pears, cauliflower, squash, sweet potatoes, pomegranates, tangerines and dates. What delicious recipes can you find this month that include some of these super foods? For more health tips, connect with us on Facebook — @NemahaCountyHospital 						

NCH OFFERS MORE PATIENT-CENTRIC DIAGNOSTIC IMAGING WITH ITS NEW SOMATOM GO.UP 64-SLICE CT SCANNER

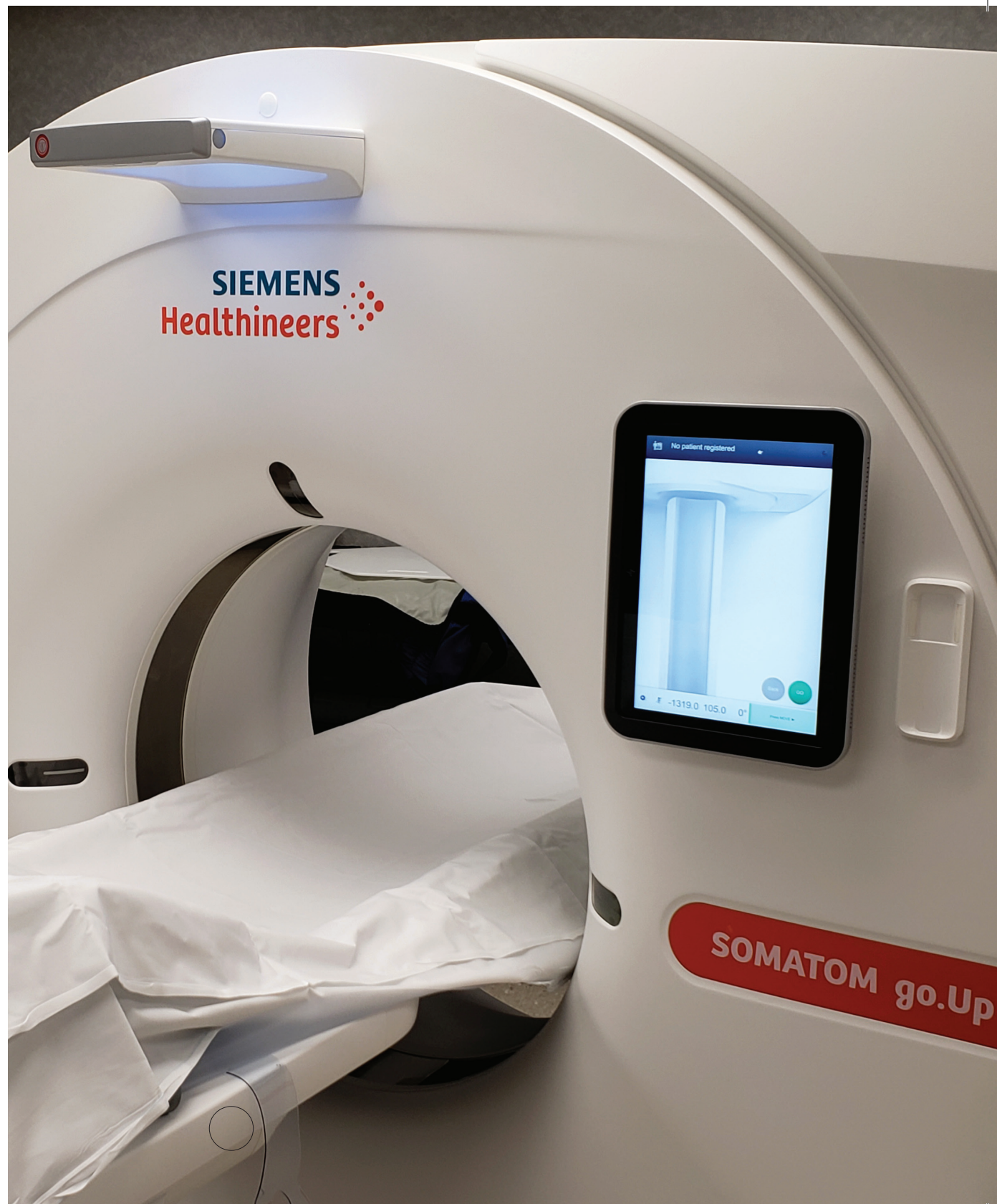
In 2018, thanks to the support of the Nemaha County Hospital (NCH) administrative team and Board of Directors, the Diagnostic Imaging Department upgraded our existing 2008 Siemens Emotion 16 slice CT scanner to a SOMATOM® go.Up 64 slice unit from Siemens Healthineers.

The new scanner is operated via tablet or remote control and allows technologists to remain with patients during scan preparation. This is helpful when imaging patients who may need physical support during the exam, or when imaging children. The new scanner also reduces artifact from implanted metal devices, making CT scanning possible and increasing image quality for patients with spine fixation, various bone or joint implants, dental fillings and pacemakers.

The SOMATOM® go.Up also uses some of the lowest radiation doses achievable for a machine of its kind. NCH's Diagnostic Imaging Team is committed to ensuring our patients receive the lowest amount of radiation with the best possible exam. Combined with new features that allow us to perform more advanced scans, our patients can receive the best care while staying closer to home.

NCH offers digital radiography (X-ray), Computerized Tomography (CT), Bone Densitometry and 3D Digital Mammography in-house. We also provide contracted services such as Ultrasound, MRI, Nuclear Medicine, Vascular Doppler, and PET/CT.

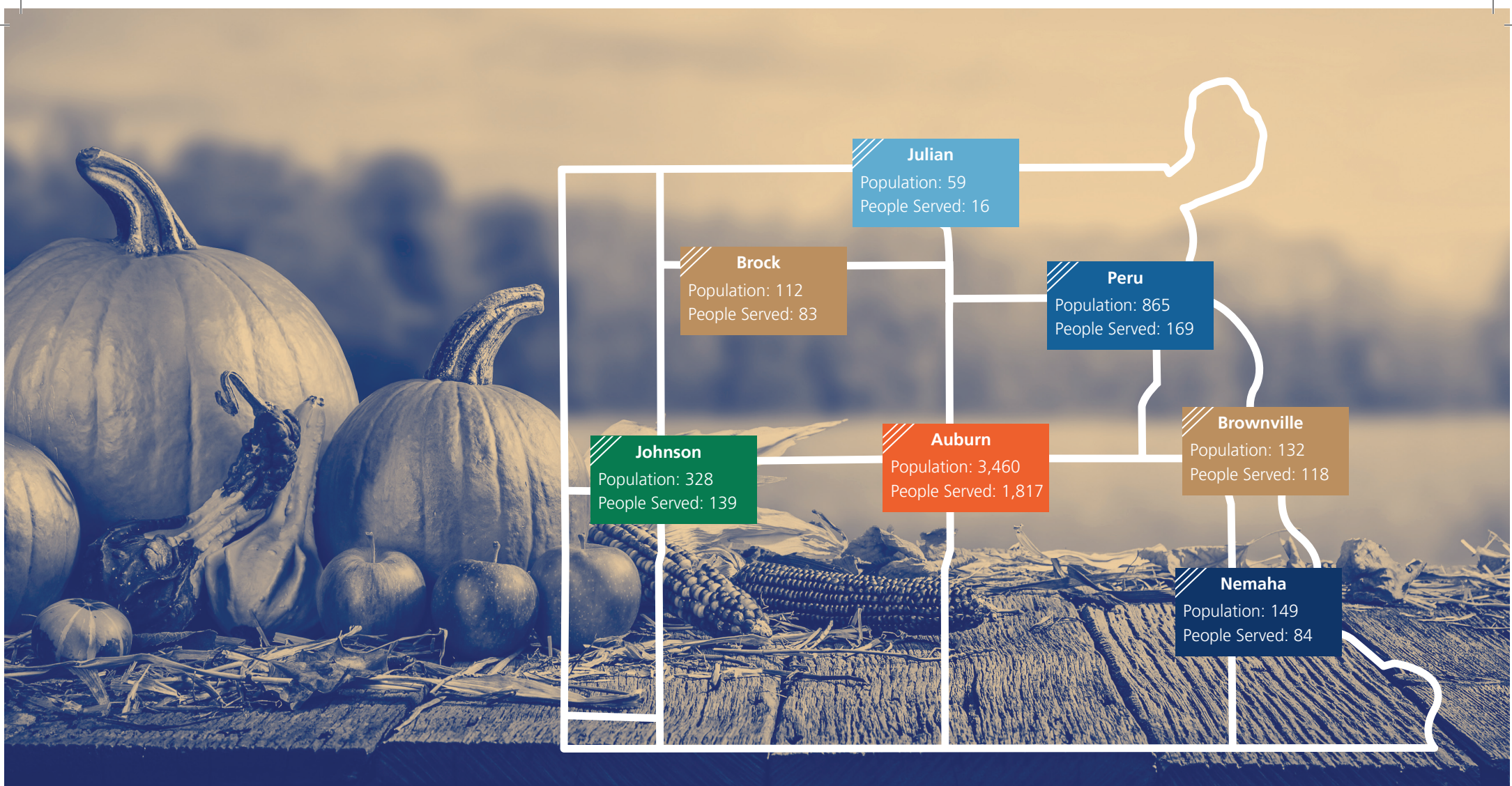
The Diagnostic Imaging Department at NCH is dedicated to performing high quality medical imaging in a caring and safe environment. Our staff of five registered radiologic technologists is available 24/7 to play in integral role in the healthcare team.



OCTOBER

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1	2	3	4	5
6	7	8	9	10	11	12
13	14 Columbus Day	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31 Halloween	October Health Tip Two reasons to eat pumpkins this fall: 1) Potassium in pumpkins can have positive effects on blood pressure. 2) Pumpkins are full of antioxidants that can help prevent degenerative damage to the eyes. For more health tips, connect with us on Facebook — @NemahaCountyHospital	





Nemaha County Cities Served


Our communities continually inspire us to care for others. Nemaha County Hospital's mission has always been to provide high-quality, compassionate health care to those who live, work and play in Nemaha County.

Nemaha County Hospital is a critical care hospital with the purpose of helping patients and communities live well. Located in Auburn, we provide community-based health care covering 16 specialty areas of medicine.

Staffed with nursing and clinical support and a team of primary care physicians and specialists, we want to provide patient-centered care that is respectful of and responsive to individual patient preferences, needs and values, ensuring that patients' values guide all clinical decisions.

Quality Care. Every Time.

NOVEMBER

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1	2
3	4	5	6	7	8	9
Daylight Saving Time End						
10	11	12	13	14	15	16
	Veterans Day					
17	18	19	20	21	22	23
24	25	26	27	28	29	30
				Thanksgiving		
November Health Tip Enjoy this holiday season by starting your mornings off with a healthy breakfast, savoring every bite during meals, eating slower and putting silverware down between bites and staying active with family.						
					For more health tips, connect with us on Facebook — @NemahaCountyHospital	

Thank You

Nemaha County Hospital extends our thanks to every person who makes it possible to practice medicine in line with our mission of “Quality Care, Every Time.” From the patients who entrust us with their care, to the community members who generously donate to the Nemaha County Hospital Foundation, you ensure we will be able to deliver personalized, high-quality service in a safe and caring environment for years to come.



DECEMBER

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31			December Health Tip Frequent hand washing throughout the day will help keep you and all of your loved ones healthy this winter. For more health tips, connect with us on Facebook — @NemahaCountyHospital	



ACTIVITY SNAPSHOT 2018 WHO WE SERVED

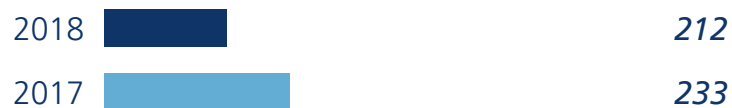
PATIENT DAYS



EMERGENCY DEPARTMENT VISITS



PATIENT DISCHARGES



OBSERVATION DAYS



AVERAGE LENGTH OF STAY



FULL-TIME EMPLOYEES



SURGERY CASES



NEMAHA COUNTY HOSPITAL FINANCES

LIABILITIES AND NET ASSETS

ASSETS

	FYE 2018	FYE 2017
Current Assets:		
Cash & Equivalents	\$2,534,565	\$2,206,245
Short-Term Investments	\$7,000,000	\$5,000,000
Current portion of assets limited as to use or restricted	\$229,727	\$224,091
Receivables:		
Patients, net of estimated uncollectible accounts of \$759,545 in 2018 and \$657,783 in 2017		
	\$1,675,714	\$2,119,603
Accrued interest and other	\$51,639	\$24,485
Inventories	\$273,545	\$299,250
Prepaid expenses	\$166,245	\$196,307
Total current assets	\$11,931,435	\$10,069,981
Long-Term Investments	\$2,500,000	\$3,000,000
Assets limited to use or restricted, net of current portion	\$2,203,000	\$2,203,000
Capital assets, net	\$6,370,364	\$7,083,338
Net pension asset	\$215,393	\$10,768
Total assets	\$23,220,192	\$23,367,087
Deferred Outflows of Resources		
Pension related deferred outflows:	\$767,434	\$803,441
Total assets and deferred outflows of resources	\$23,987,626	\$23,170,528

	FYE 2018	FYE 2017
Current Liabilities:		
Current portion of long-term debt	\$336,539	\$326,539
Accounts payable		
Trade	\$242,603	\$216,911
Accrued salaries, vacation & benefits payable	\$1,032,526	\$955,154
Accrued interest payable	\$3,060	\$4,091
Estimated third-party payor settlements	\$77,746	\$82,306
Total current liabilities	\$1,692,474	\$1,585,001
Long-term debt, net of current portion	\$339,135	\$675,674
Total liabilities	\$2,031,609	\$2,260,675
Deferred Inflows of resources		
Pension related deferred inflows	\$145,917	\$42,727
Net assets:		
Invested in capital assets, net of related debt	\$5,694,690	\$6,081,125
Unrestricted	\$16,115,410	\$14,786,001
Total net assets	\$21,810,100	\$20,867,126
Total liabilities & net assets	\$23,987,626	\$23,170,528

NEMAHA COUNTY HOSPITAL FINANCES

BY THE NUMBERS APRIL 30, 2018 - 2017

REVENUE

	FYE 2018	FYE 2017
Operating Revenue		
Net patient service revenue, net of provision for bad debts		
\$412,695 in 2018	\$13,483,504	\$12,824,335
\$301,333 in 2017		
Other operating revenue	\$70,719	\$81,444
Total operating revenue	\$13,554,223	\$12,905,779

EXPENSES

	FYE 2018	FYE 2017
Operating Expenses		
Salaries & wages	\$5,202,034	\$5,115,115
Employee benefits	\$1,517,266	\$1,732,932
Professional & purchased services	\$2,262,197	\$2,119,653
Supplies & other expenses	\$2,579,986	\$2,320,142
Depreciation & amortization	\$1,047,595	\$1,162,234
Insurance	\$62,560	\$69,862
Total operating expenses	\$12,671,638	\$12,519,938

INCOME and NET ASSETS

	FYE 2018	FYE 2017
Operating income	\$882,585	\$385,841
Nonoperating income		
Investment income (loss)	\$77,121	\$50,191
Noncapital grants & contributions	\$-	\$26,790
Interest	\$(16,732)	\$(20,598)
Nonoperating revenue (expenses), net	\$60,389	\$56,383
Excess revenue over expenses before capital grants & contributions	\$942,974	\$442,224
Capital grants & contributions	\$-	\$1,000
Increase in net assets	\$942,974	\$443,224
Net assets, beginning of year	\$20,867,126	\$20,423,902
Net assets, end of year	\$21,810,100	\$20,867,126

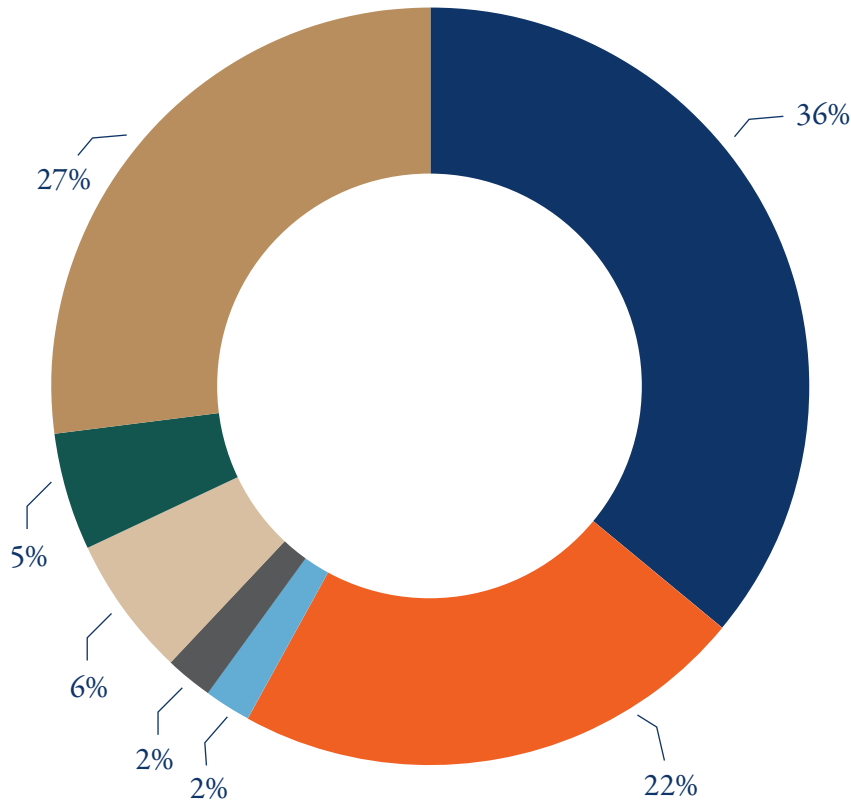
NEMAHA COUNTY HOSPITAL FINANCES

WHERE THE MONEY WENT IN 2018

TOTAL EXPENSES

Wages & Benefits	\$6,719,300
Insurance Shortfalls	\$4,127,260
Financial Assistance	\$329,320
Bad Debt	\$412,695
Equipment Depreciation	\$1,047,595
Operating Margin	\$942,974
Other Patient Expenses	\$4,904,743

WAGES PAID TO EMPLOYEES: \$5 MILLION



HOSPITAL OPERATIONS OVERVIEW

HOSPITAL REVENUES

We billed our patients	\$18,352,779
We made insurance adjustments (including Medicare & Medicaid) of	\$4,127,260
Due to writeoff of uncollectible patient accounts (Bad Debts) & the inability of some patients to pay their bills (Financial Assistance) we could not collect	\$742,015
Therefore, we received from patients	\$13,483,504
Other revenue earned from patient activity such as the cafeteria & service contracts was	\$70,719
So, total revenues for the year were	\$13,554,223

HOSPITAL EXPENSES

Salaries, wages & employee benefits (health & life insurance, retirement & social security)	\$6,719,300
Food, medical supplies, utilities & professional services	\$4,904,743
Depreciation on buildings & equipment	\$1,047,595
Which gave us total expenses of	\$12,671,638
Which gave us an operating budget of	\$882,585

HOSPITAL INVESTMENT INCOME

We received interest income on our bank deposits which totaled	\$60,389
In addition, we received grant & contribution income which totaled	\$-
Giving NCH a fund for future growth, new services & equipment improvements of	\$942,974

NOTES

NOTES



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