



2020
CALENDAR

Giving our best, so you can Live your best.



Message from Nemaha County Hospital's CEO

Welcome to another edition of the Nemaha County Hospital Annual Report. I was reading the message that I wrote for last year's annual report and it was all about the remodel of our outpatient area. That remodel is complete, and we are beginning to remodel the rest of the space in the hospital. This remodel will be minor. We are just changing the floor and wall surfaces in most of the building. Things will be in a bit of disarray for a time, but I think you will like the finished product. Please read the local paper and listen to the radio to keep updated on how to access the facility as we move from phase to phase of this remodel.

In 2000, before I arrived at Nemaha County Hospital, the residents of the county voted on a bond issue of \$4.75 million to remodel the hospital. That bond issue passed by a two to one margin and the debt was to be repaid over the next twenty years.

When I arrived in July of 2002 this remodel was about two thirds complete and the hospital had \$4.75 million in debt on its books. The interest on this debt is an allowable expense under the Critical Access Hospital program, which means that the federal government paid at least part of

the interest on that debt. The principle was our responsibility.

Under the direction of the Board of Directors we refinanced those bonds twice. Once in 2004 and again in 2014, both times to take advantage of better interest rates. We also paid off one year of interest and principle early.

You may recall that we started another remodeling project in 2010 and completed it in 2012. That remodel cost us approximately \$7.75 million. We were able to pay for that remodel out of our cash reserves, meaning we did not have to incur any more debt.

Through judicious guidance by the Board of Directors and the wonderful work of the staff, we have been able to keep our operating margin in the black, which allows us to continue to make improvements to the facility, purchase the equipment and supplies we need and provide excellent salaries and benefits to our staff.

I am very proud to inform you that, as of July 2019, Nemaha County Hospital is debt free! We appreciate the confidence that the residents of this county placed in us when they agreed to take on debt to improve the hospital nineteen years ago. I think we have proven ourselves worthy of that confidence by retiring that debt

and not assuming any additional debt. I don't believe you can find many hospitals in this state in this enviable situation.

Thanks for your confidence in Nemaha County Hospital when you voted for the bond issue in 2000 and thanks for supporting us since that time! We will continue to strive to provide "Quality Care – Every Time" in the years to come.

Marty Fattig, CEO



MISSION STATEMENT

Quality Care. Every Time.

VISION STATEMENT

Giving our best, so you can Live your best.

CORE VALUES

People — Authenticity | Faith | Leadership

Finances — Integrity | Awareness | Purpose

Internal Processes — Perseverance | Vision | Focus

Community & Patients — Courage | Enthusiasm | Service

KEY FIGURES

Nemaha County Hospital is a vital part of our region. We are one of the largest employers in Nemaha County, attract skilled workers to our area, enhance the local economy, even as we provide critical healthcare services to thousands of area residents.

LOCATION

At Nemaha County Hospital, quality care is always close to home. We serve Southeast Nebraska as well as Northwest Missouri and Northeastern Kansas.

IMPORTANT PHONE NUMBERS

Operator/Switchboard
402.274.4366

Appointment and Scheduling
402.274.6140

Human Resources
402.274.6121

Nemaha County Homecare
402.274.6115

IMPORTANT EMAIL ADDRESSES

Nemaha County Hospital
info@nchnet.org

Home Health Care
homecare@nchnet.org

NEMAHA COUNTY HOSPITAL

Board of Directors 2019



Larry Jones
Chairman



Dr. Daryl Long, PhD
Vice-Chairman



Richard Moody
Secretary



Michael Casey
Treasurer



Kay Oliver
Member-at-Large

Technology Makes Life Easier for Patients

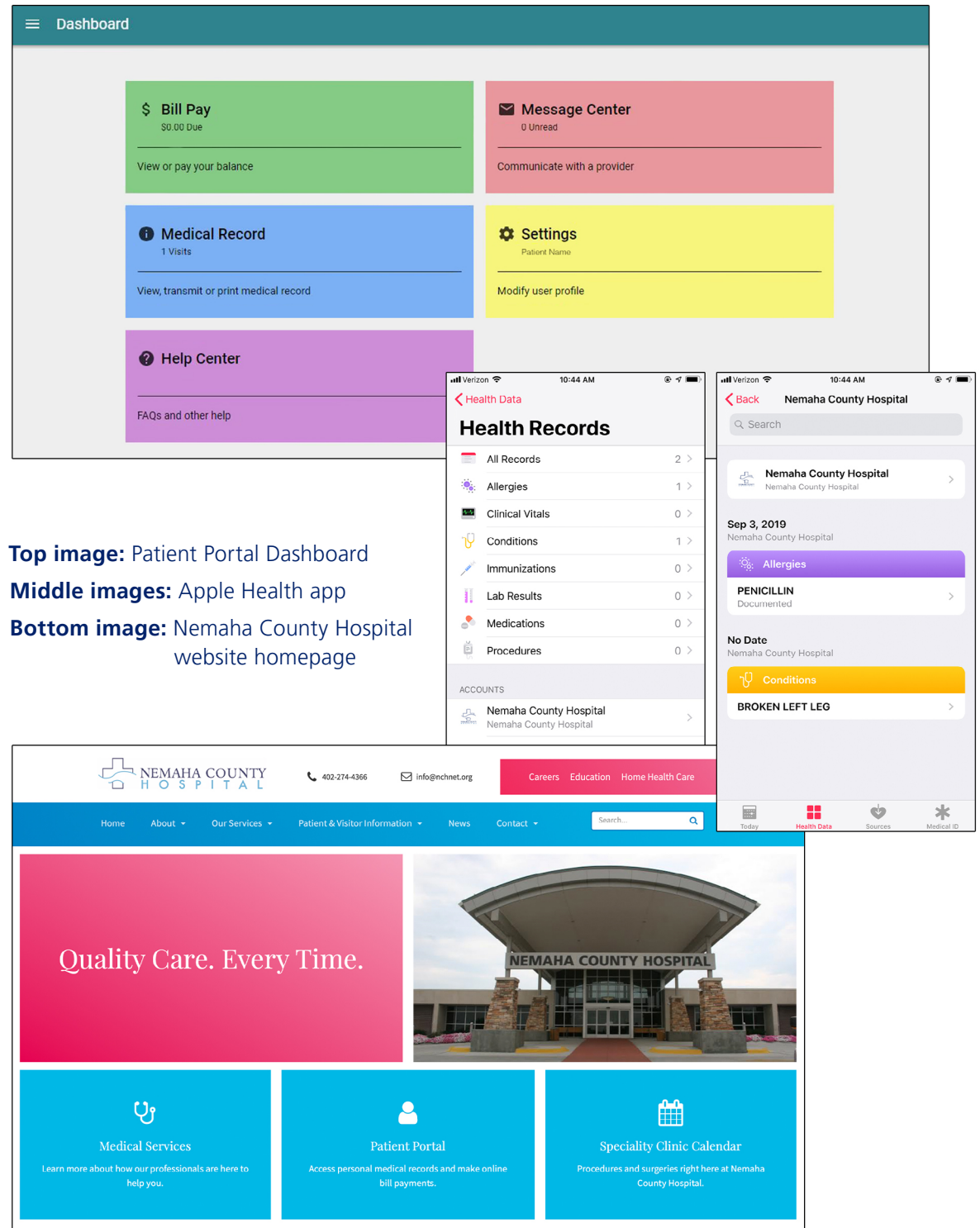
In June of 2019, Nemaha County Hospital began supporting Health Records on iPhones to make it easier for patients to see their available medical data from multiple providers whenever they choose.

Patients can have medical information from participating institutions organized into one view, covering allergies, conditions, immunizations, lab results, medications, procedures and vitals. They can also receive notifications when their data is updated.

Another way a patient can easily access their medical information is through our website. The Patient Portal is an online resource that allows you to log on in a safe, secure and private manner to see your medical records or pay a bill anytime, day or night. Simply register using your email address or ask a staff member to help you get registered.

In the medical environment there are times when forms need to be completed to get things accomplished. The education page on our website has links to many of these forms, from Power of Attorney to Advanced Directive, and you can simply fill them out and deliver them to the department that needs them. There are also many instruction sheets for things like surgery preparation and diabetes medication.

If you have questions, the Nemaha County Hospital website is a great place to find answers.
www.nemahacountyhospital.com



Top image: Patient Portal Dashboard

Middle images: Apple Health app

Bottom image: Nemaha County Hospital website homepage

JANUARY

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|--|----------------------------------|---------|---------------------|----------|--|----------|
| | | | 1 New Year's Day | 2 | 3 | 4 |
| 5 | 6 | 7 | 8 | 9 | 10 | 11 |
| 12 | 13 | 14 | 15 | 16 | 17 | 18 |
| 19 | 20 Martin Luther King Jr. Day | 21 | 22 | 23 | 24 | 25 |
| 26 | 27 | 28 | 29 | 30 | 31 | |
| January Health Tip Layer your clothing in the winter to keep warm and dry in the cold weather. Several lightweight items layered are best. You can always take off a layer if you are too warm. | | | | | | |
| | | | | | For more health tips, connect with us on Facebook — @NemahaCountyHospital | |



NEMAHA COUNTY HOSPITAL – FOUNDATION –

NCHF SUPPORTERS

Visionary \$25,000 & Up

E. Guy Guillatt
Ruby Arleen Higgins
W & E Morgan

Pacesetter \$10,000-\$24,999

Ruth A. & Myron Gerdes

Leader \$5,000-\$9,999

Ruth Bath
Mary Nichols
In memory of Joan Wittmann

Benefactor \$1,000-\$4,999

C+P+S+I
Geneva Colerick
Steven V. & Alice T. Hogan
Wiley R. Remmers
Dr. Clyde & Betty Neil Barrett
In memory of Linda Stuchal
Larilee Barrett Nichols, R.N. M.S.N.
Gauchal Farms, Inc. Fred & Marcia
In memory of Richard Moore
Mary Jane Spear
In memory of Wayne & Yvonne Rausch
Richard R. Oswald
Dr. Roland & Marie Barrett
In memory of R.N. & Phyllis Henningsen
Handy Wagner

Colleague \$500-\$999

Associated Anesthesiologists, P.C.
Ruth & Herman Bath
Gustav H.C. Bohling
William L. Bucky, DDS
Carson National Bank
Robert A. Cole
Elonora Darling
Guy R. & Kathleen E. Ensz
Rodney & Juliann Gauchal
James W. III & Kathy Grant
Harry A. Koch Co.
Jeffrey G. Meade, MD
Kenney Ostmann
Dr. Paul Scott
Jann C. Swenole
Susan & Dave Thomas
Edd & Ruth Sawgrass
John and Mary Ann Chaney

Friend \$250-\$499

Eston L. Clarke
Esther Fritsch
Michael P. Koslosky
Kenneth W. & Judy Rogge
Raymond Rottler
SE NE Hematology
Margaret Piper
In memory of Doris J. Anderson
In honor of Alice Hahn
In memory of Michelle Peterson
Lortscher Animal Nutrition, Inc.
Bern Seed, Inc.

Your Giving is Leading to a Better Future for Nemaha County

With reductions in Medicare and Medicaid payments faced by many hospitals, philanthropic efforts have become an important factor in helping our hospital reach its goals. The Nemaha County Hospital Foundation serves to fulfill those efforts.

The NCH Foundation, founded in 1990, has a mission to support healthcare services and hospital projects through charitable donations. Your contribution to the NCH Foundation will help to ensure the availability of quality healthcare in the communities served by our hospital.

New this year, you can now donate online by visiting the foundation page:
www.nemahacountyhospital.com

No matter the size of the gift, all donations are guaranteed by the Foundation in the manner for which they are intended. Every donation, from \$25 memorials to larger donations for equipment, have a positive impact on our future ability to provide a high quality of care.

Current Foundation Board Members:
Leslie Bratrsovsky Joe Casey
Ruth Gerdes Derek Hemmingsen
Jacquelyn Kelsay Brent Lottman

Sara Moody Diane Peterson
Virginia Pippert Melva Sage
Nate Teten

If you would like the opportunity to serve on the Foundation Board or would like more information about Nemaha County Hospital, please call or write:

Nemaha County Hospital
Administrative Office
2022 13th Street
Auburn, Nebraska 68305
402-274-6121 or 402-274-6139

FEBRUARY

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|---|-----------------|---------|---------------|----------|-----------------|---|
| | | | | | | 1 |
| 2 | 3 | 4 | 5 | 6 | 7 | 8 |
| Groundhog Day | | | | | | |
| 9 | 10 | 11 | 12 | 13 | 14 | 15 |
| | | | | | Valentine's Day | |
| 16 | 17 | 18 | 19 | 20 | 21 | 22 |
| | Presidents' Day | | | | | |
| 23 | 24 | 25 | 26 | 27 | 28 | 29 |
| | | | Ash Wednesday | | | |
| February Health Tip Keep your hands clean to prevent spreading germs during flu season. Use soap and running water for at least 20 seconds each time you wash your hands. Make it a habit after using the bathroom, handling food, and after you have been in a public place. | | | | | | |
| | | | | | | For more health tips, connect with us on Facebook — @NemahaCountyHospital |



Outpatient Department

The Outpatient Department at Nemaha County Hospital is now fully remodeled! This project was approximately a 5-month process and one with which we are very satisfied and appreciative. The project started with the installation of a new HVAC system which now provides us with a very comfortable climate year round. All of our lighting was replaced with LED lights which has brightened up the department making it look and feel inviting. The stunning art work in our lobby has been brought to life with this new lighting. We have also updated the cabinetry, flooring, wall colors, and furniture which provides a warm, comfortable setting.

In addition, we installed wall mounted computers in each of our 11 clinic rooms. This has improved the efficiency and work flow of the department substantially. We no longer need to have multiple mobile computers in the hallways being moved from room to room.

Our physicians and staff are making good use of our more spacious work spaces. There are many days that we provide more than one specialty clinic/physician service at a time which requires multiple staff and providers to share the same space. We are better able to accommodate everyone in our new nursing and physician dictation stations.

Overall our physicians, staff, and patients have been overwhelmingly appreciative of our newly remodeled department. We really like our new look!



Left to Right: Deb Gardner, Holly Herr, Dorrie Heronimus, Linda Cook, Molly Schardt, Billie Bentley, Peggy Mangnall and Susan Joy

MARCH

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|----------------------|--------|-------------------|---|----------|--------|----------|
| 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 8 | 9 | 10 | 11 | 12 | 13 | 14 |
| Daylight Saving Time | | | | | | |
| 15 | 16 | 17 | 18 | 19 | 20 | 21 |
| | | St. Patrick's Day | | | | |
| 22 | 23 | 24 | 25 | 26 | 27 | 28 |
| 29 | 30 | 31 | March Health Tip Stay active this winter by exercising indoors when it is too cold to be outside. On warm days try to exercise outside and enjoy the sunlight. | | | |
| | | | | | | |
| | | | For more health tips, connect with us on Facebook — @NemahaCountyHospital  | | | |



Local Emergency Services Providing Quality Care

In May of 2006, Nemaha County Hospital was designated as a Basic Level Trauma Center. This designation is not easily achieved and requires the entire Emergency Response Team working collaboratively to standards developed by the College of American Surgeons. The local EMS squads (Auburn, Cooper Nuclear Station, Johnson, Nemaha, and Peru) are integral to the success of our Trauma Team. Since the beginning they have participated in monthly Performance Improvement meetings and provided valuable insight to improve the trauma system for Nemaha County.

In January of 2019, on the recommendation of the local squads, Nemaha County Hospital implemented a monthly drill to refine the “handoff procedure” between squad and Emergency Room staff. Our goal was to enable the squads to rapidly report vital patient information to ensure continuity of care and allow ER staff to quickly assess and treat trauma injuries. This standardized process has led to improved treatment and transport of trauma victims in Nemaha County. We are confident that the Nemaha County Trauma Team will strive to advance the care for trauma victims and continue “Giving our best, so you can Live your best.”

APRIL

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|-------------|--------|---------|-----------|----------|---|----------|
| | | | 1 | 2 | 3 | 4 |
| 5 | 6 | 7 | 8 | 9 | 10 | 11 |
| Palm Sunday | | | | | Good Friday | |
| 12 | 13 | 14 | 15 | 16 | 17 | 18 |
| Easter | | | | | | |
| 19 | 20 | 21 | 22 | 23 | 24 | 25 |
| | | | | | Arbor Day | |
| 26 | 27 | 28 | 29 | 30 | April Health Tip Start your spring off on the right track. Get outside and get moving. Stay hydrated and eat healthy—choose to eat fruits and vegetables instead of unhealthy snacks. | |
| | | | | | | |
| | | | | | For more health tips, connect with us on Facebook — @NemahaCountyHospital  | |

Experience Our Best, From Start to Finish

The Business Office team at Nemaha County Hospital (NCH) does their best to help guide you through your experience from entering our doors to making a payment for your services. We have several new friendly faces here in the Business Office, consisting of 6 members with combined experience of 30+ years. You can rest assured that we will continue to keep “Giving our best, so you can Live your best.”

Amy Ebeler is our Front Desk Receptionist. She answers all of the incoming phone calls for NCH and will greet you with a smile when you enter the facility. Amy does a great job of helping you get where need to be.

Diane Dinville is our Admissions Representative. Your first interaction with Diane may be a phone call in advance of your appointment. She does her best to contact everyone in advance to gather general information that we are needing from you before you to come to NCH. This will speed up your admissions process so that you can focus on your healthcare needs.

Antonia Crawford, Brenda Douglas, and Donna Bruns are our Patient Accounts Representatives. These ladies will work with you to ensure we have accurate information so that we can bill your insurance company for the services you are receiving at NCH. They also contact your insurance company to ensure they are processing your claim accurately. They are a great resource if you have general questions about insurance coverage or if you need help filling out information.

Stacy Taylor is the Chief Financial Officer and is responsible for managing the Business Office team. Stacy has a goal to improve processes to keep NCH moving forward. She is also responsible for preparing the financial and statistical data for NCH.

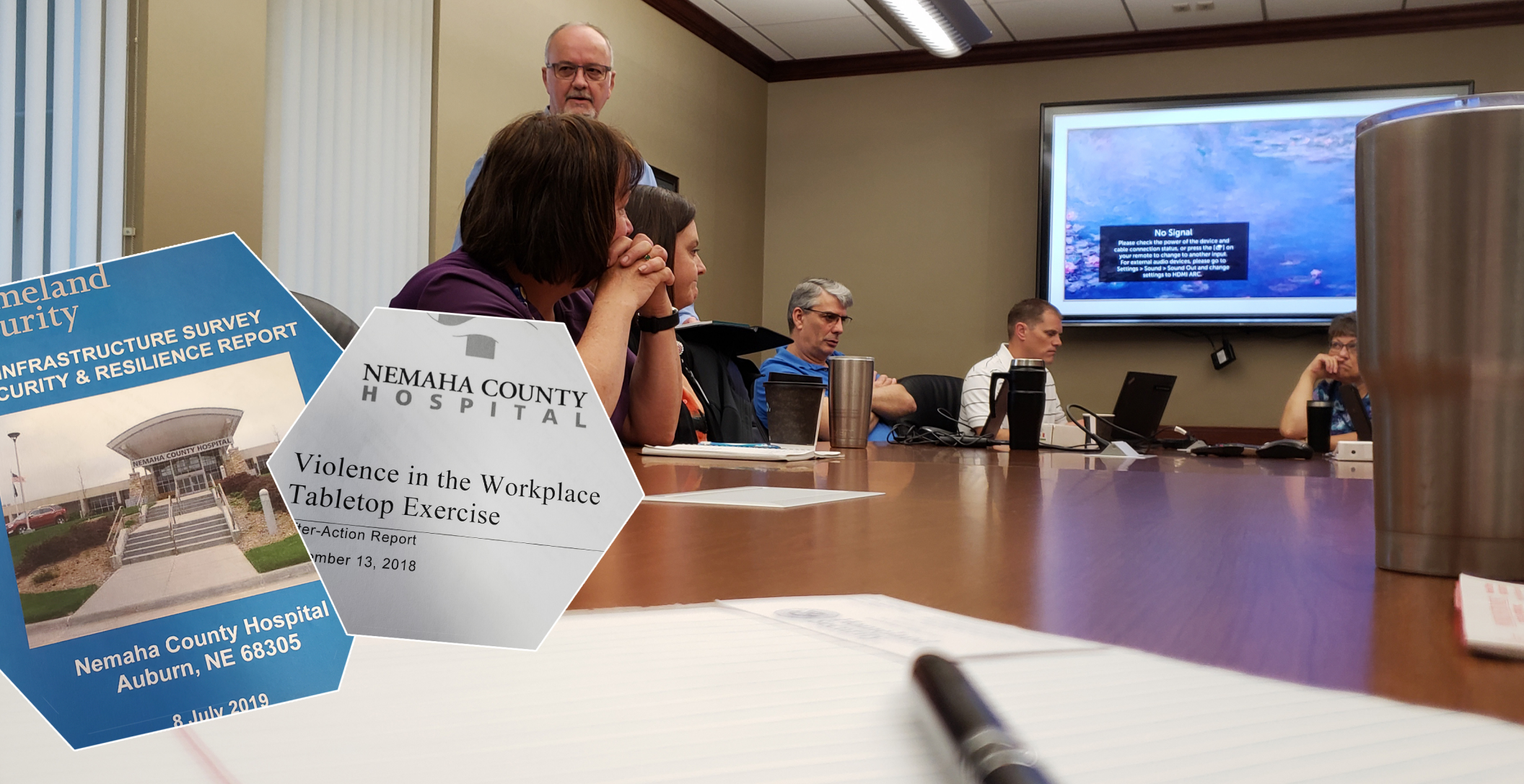


Left to Right: Donna Bruns, Antonia Crawford, Brenda Douglas, Stacy Taylor, Diane Dinville and Amy Ebeler

MAY

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|------------------------|---|---------|-----------|----------|---|----------|
| | | | | | 1 NCH opened on May 1, 1963 | 2 |
| 3 | 4 | 5 | 6 | 7 | 8 | 9 |
| 10 Mother's Day | 11 | 12 | 13 | 14 | 15 | 16 |
| 17 | 18 | 19 | 20 | 21 | 22 | 23 |
| 24 | 25 Memorial Day | 26 | 27 | 28 | 29 | 30 |
| 31 | May Health Tip Exercise goes a long way to keep you healthy. You need 150 minutes of aerobic exercise per week and at least two days of muscle strengthening. | | | | | |
| | | | | | For more health tips, connect with us on Facebook — @NemahaCountyHospital | |





Securing Your Safety

A priority of Nemaha County Hospital is to ensure a safe and protected environment for our patients, our staff and our community. This past year we were able to participate at a national level to increase our safety risk knowledge and preparedness.

In December of 2018, we hosted a Table Top Exercise that brought together 35 multidisciplinary


leaders from county, state and national organizations to discuss our preparedness for an active shooter situation. The discussion was facilitated and led by Steve Marin, Training and Exercise Coordinator, from the Cybersecurity and Infrastructure Security Agency (formerly the Office of Homeland Security). From this exercise, we were able to gain valuable knowledge and guidance in our response to an active shooter.

In April of 2019, we benefited from a three-day facility infrastructure survey conducted by Greg Hollingsead, Protective Security Advisor, Cybersecurity and Infrastructure Security Agency. This survey evaluated the security of our facility from outside threats. From this evaluation we have implemented recommendations to increase the safety of our facility with exterior lighting, decreased

facility door access and increased staff awareness of potential threats.

Nemaha County Hospital's commitment to providing a safe and protected environment for our patients, our staff, and our community is ongoing. We have planned exercises that will continue to increase the level of readiness so we are better prepared for any emergency.

JUNE

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|---|--------|---------|-----------|----------|--------|---|
| | 1 | 2 | 3 | 4 | 5 | 6 |
| 7 | 8 | 9 | 10 | 11 | 12 | 13 |
| 14 | 15 | 16 | 17 | 18 | 19 | 20 |
| 21 | 22 | 23 | 24 | 25 | 26 | 27 |
| Father's Day 28 | 29 | 30 | | | | |
| June Health Tip Even though summer is here, it's important to maintain healthy eating habits. On the go? Grab some fresh fruits or veggies instead of fast food. | | | | | | |
| For more health tips, connect with us on Facebook — @NemahaCountyHospital | | | | | |  |



Photos used are from the "Nemaha County Hospital 50th Anniversary Booklet."

Quality Care Through the Years

Nemaha County Hospital has served the community since May 1, 1963. The physicians and staff have been there over the years to safely deliver children, immunize and educate citizens, care for parents and grandparents, perform lifesaving surgeries and relieve suffering and pain. One thing has remained true through all the years, the promise of Quality Care...Every Time.

In 1960 a steering committee was formed to research and propose a plan for a new hospital. A bond issue was placed on the ballot and a slogan contest, with a \$5 prize, was held. The winning slogan was "The Nemaha County Hospital is not a want! It's a necessity" and the bond issue passed. Nemaha County Hospital was born. There were 26 beds and a 69% occupancy rate the first year.


As the need and the county continued to grow, additional beds were needed and in 1970 another wing was built bringing beds up to 44, including four ICU beds. New administrative offices were also added. In 1974, space for an ambulance and maintenance building, as well as the new Physical Therapy unit, was created. Improvements in the kitchen, dining, laundry and emergency room entrance were also made—all financed by the hospital's operating funds.

In the 80's, a helicopter pad was added as well as a new Radiology Department, a LifeLine Emergency base unit, mobile units for CT services, Nuclear medicine, Mammographs and Ultrasound equipment. This growth continued into the 90's with a mobile MRI, a Cardiac Rehabilitation Center, along with many specialties such as ophthalmology, podiatry, and Ear, Nose and Throat.

The 2000's brought hospital remodels and annual inspections to make sure NCH operated at the highest federal and international standards.

Advances in healthcare have continued to bring about growth and change for Nemaha County Hospital and we will continue to make improvements and updates throughout the years in order to meet the healthcare needs of our community.

JULY

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|--------|---|---------|-----------|----------|--------|-----------------------|
| | | | 1 | 2 | 3 | 4 Independence Day |
| 5 | 6 | 7 | 8 | 9 | 10 | 11 |
| 12 | 13 | 14 | 15 | 16 | 17 | 18 |
| 19 | 20 | 21 | 22 | 23 | 24 | 25 |
| 26 | 27 | 28 | 29 | 30 | 31 | |
| | July Health Tip Enjoy your summer while protecting your health. Use sunscreen along with a hat and other clothing to protect your skin. Make sure to stay hydrated while out in the heat. | | | | | |
| | For more health tips, connect with us on Facebook — @NemahaCountyHospital  | | | | | |

Physicians/PAs

Our physicians put you first. All are board-certified family practitioners committed to your health. Nemaha County Hospital (NCH) physicians are supported by a full complement of staff, including three certified Physician Assistants.

All Physicians and Physician Assistants serve in our Trauma Center and Emergency Department—NCH is the only hospital in Southeast Nebraska to offer in-house Advanced Trauma Life Support Certified providers 24/7. In addition, the entire team is also certified in Basic Life Support and Advanced Cardiac Life Support.

Doctors



Dr. Andrew Enszt, MD



Dr. Gary R. Enszt, MD



Dr. John A. Gill, MD



Dr. Jeffrey G. Meade, MD



Dr. Michael L. Zaruba, MD

Physician Assistants



Jill Haveman, PA-C



Alan T. Smyth, PA-C



Courtney Upmann, PA-C

Specialists at NCH

Nemaha County Hospital (NCH) offers several specialty clinics that bring well-known physicians to our area for the convenience and good health of our communities.

Why drive for hours to see a physician when the specialists come right here to see you?

NCH offers a broad range of health services. Our team of highly trained professionals is prepared to meet your healthcare needs in a compassionate, friendly, and professional manner.

Most routine procedures and tests ordered by your physician can be safely performed right here at NCH. With nearly 25 consulting specialists, we offer you services you would normally have to travel to the city for.

Each physician is board certified in their area of specialty. They have been chosen to come to NCH for their expertise and for their desire to serve patients outside of the metro area. Whether you see these doctors at their office or here at NCH, you will find the same high level of care, much closer to home.



Dr. Kaliprasad Ayala
Cardiology



Dr. Douglas Netz
Cardiology



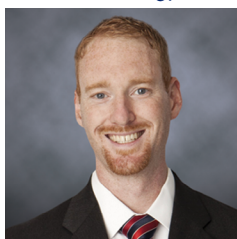
Dr. Todd Tessendorf
Cardiology



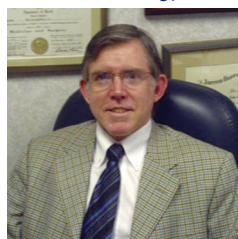
Dr. Chad Travers
Cardiology



Dr. John Pflug
Ear, Nose and Throat



Dr. Joshua Evans
Gastroenterology



Dr. James Bobenhouse
Neurology



Dr. Richard Andrews
Neurology



Dr. Frank DeVries
OB-GYN



Dr. Stacey Knox
Oncology



Dr. Sao Jang Liu
Ophthalmology



Dr. David Clare
Orthopedics



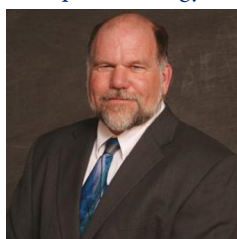
Steve Gabriel, PA-C
Orthopedics



Dr. Keith Lawson
Orthopedics



Laura Wegehaupt, PA-C
Orthopedics



Dr. Steven Meinhold
Podiatry



Dr. Ellen Miller
Pulmonology



Dr. Stephen Nagengast
Surgery



Allie Koester, PA-C
Surgery



Dr. Peter Howe
Urology



Simone Vampola, APRN
Urology



Dr. Heidi Hansen
Vascular



Dr. Allie Sohn
Vascular

Hello, Nemaha County! It's been a while...about 20 years or so!

Some of you might recognize my last name. Yes, I am Dr. Gary Enszt's son, and now I am his partner at Auburn Family Health Center, P.C. To make sure there is no confusion, I am going by "Dr. Andrew." That just seemed easier than "New Dr. Enszt," "Other Dr. Enszt," or "Young Dr. Enszt." To make things even more confusing, there is another "Dr. Enszt" to introduce as well. That would be my wife, Amanda. When she joins AFHC in the near future, she will be going by "Dr. Amanda" since that's easier than "Other, other Dr. Enszt," "Female Dr. Enszt," or "Pretty Dr. Enszt."

As some of you may know, I grew up in Auburn, NE. I completed my undergraduate education at Creighton University. My wife, Amanda, was born in Rockford, IL, but grew up in Chicago. She went to college at Illinois Wesleyan in Bloomington-Normal, IL. She is now a Husker fan by marriage.

My wife and I met in medical school at the University of Nebraska Medical Center. She graduated in May 2014 and started her internal medicine residency at the Medical College of Wisconsin in Milwaukee. I followed her there two years later at the same academic center in Milwaukee, but different hospital. We started our family in Wisconsin with the birth of our two sons, Roland (2 1/2 years old) and Charles (7 weeks old at the time of writing). Amanda finished residency two years ago and



has been practicing at a very busy clinic in Milwaukee while I finished my Family Medicine residency. For those of you wondering what Internal Medicine is, it is, in a nutshell, all adult medicine. No pediatrics. When you see a specialist, like a cardiologist, gastroenterologist, etc., that physician was trained in internal medicine first before specializing. Amanda was trained as a hospitalist in the busiest hospital in Wisconsin, but she has a particular interest in geriatrics, rheumatology, endocrinology, and nephrology, in addition to primary care. My training in Family Medicine (which is internal medicine with pediatrics) was split

between clinical medicine, urgent/emergency medicine, and hospital medicine. We are both certified in Basic Life Support (BLS) and Advanced Cardiovascular Life Support (ACLS). Since I will be working with our PEERISTs in the Emergency Department (ED), I am also Advanced Trauma Life Support (ATLS) certified. In the future, I plan on obtaining my certification in DOT, MRO, and SAE as well.

We are very fortunate to be able to join a medical community that is practicing top-notch medicine! We desired to be close to family and live

in a place that was more relaxed than where we had been. Most importantly, we wanted to live someplace where our boys could experience the joy of having a big backyard. We had several great options to choose from when deciding where we would go next but chose to come here because of what we call The 3 P's: the practice, the people, and the playgrounds. We are extremely excited to be starting the next chapter of our lives here. I promise that we will be "Giving our best, so you can Live your best."

AUGUST

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|---|--------|--|-----------|----------|---|----------|
| | | | | | | 1 |
| 2 | 3 | 4 | 5 | 6 | 7 | 8 |
| 9 | 10 | 11 | 12 | 13 | 14 | 15 |
| 16 | 17 | 18 | 19 | 20 | 21 | 22 |
| 23 | 24 | 25 | 26 | 27 | 28 | 29 |
| 30 | 31 | August Health Tip During the hot summer months, it's important to replenish your body with water. Dehydration can damage your body and make you feel hungry. You need at least 8 to 9 glasses of water per day. Monitoring your exposure to the sun can also help you make sure your body is staying hydrated. | | | | |
| For more health tips, connect with us on Facebook — @NemahaCountyHospital | | | | |  | |



NCH Core Action Values

At Nemaha County Hospital, we believe that our Core Action Values are powerful shapers of our organizations culture. These values are the heart of our organization and give a powerful symbol of what we stand for. There are twelve Core Action Values: authenticity, integrity, awareness, courage, perseverance, faith, purpose, vision, focus, enthusiasm, service, and leadership.

Throughout the year, employees participate in hour-long classes, focusing on a specific value. The classes are designed to empower staff members to use the value in the workplace, as well as at home. We believe people intuitively know how to do the right thing and take pride in themselves. Reviewing the Core Action Values reinforces this type of behavior. The classes focus on the value and what type of behaviors contribute to it. Professional and personal examples help bring the values to life and allow employees to practice real applications of them.

Core Action Value classes are taught by a group of employees. Once the entire cycle of values has been taught, all staff participates in an engaging, 1 ½- 2-day session that recaps the entire group of values. The recap sessions are intensely focused on embracing the values and overcoming any challenges along the way. The recap sessions are taught by administration, which solidifies that the Core Action Values are present in every staffing level, hospital-wide.

THE TWELVE CORE ACTION VALUES and the cornerstones that put action into those values

I. Laying a solid foundation

The first six Core Action Values and associated cornerstones develop inner strength of character.

1. Authenticity

Self Awareness
Self Mastery
Self Belief
Self Truth

2. Integrity

Honesty
Reliability
Humility
Stewardship

3. Awareness

Mindfulness
Objectivity
Empathy
Reflection

4. Courage

Confrontation
Transformation
Action
Connection

5. Perseverance

Preparation
Perspective
Toughness
Learning

6. Faith

Gratitude
Forgiveness
Love
Spirituality

II. Taking effective action

The second six Core Action Values and associated cornerstones catalyze action and contribution.

7. Purpose

Aspiration
Intentionality
Selflessness
Balance

8. Vision

Attention
Imagination
Articulation
Belief

9. Focus

Clarity
Concentration
Speed
Momentum

10. Enthusiasm

Attitude
Energy
Curiosity
Humor


11. Service

Helpfulness
Charity
Compassion
Renewal

12. Leadership

Expectations
Example
Encouragement
Celebration

SEPTEMBER

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|---|----------------|---------|-----------|----------|--------|---|
| | | 1 | 2 | 3 | 4 | 5 |
| 6 | 7 Labor Day | 8 | 9 | 10 | 11 | 12 |
| 13 | 14 | 15 | 16 | 17 | 18 | 19 |
| 20 | 21 | 22 | 23 | 24 | 25 | 26 |
| 27 | 28 | 29 | 30 | | | |
| September Health Tip This month catch up with friends that you didn't see as much during your busy summer. Positive emotions help you overcome stress and make you feel good. | | | | | | |
| For more health tips, connect with us on Facebook — @NemahaCountyHospital | | | | | |  |

Testing the Future

Currently, we have 5 full-time employees in the lab. Lexa Posadas, MLS, keeps the cardiac and blood gas analyzers current with quality control and inventory. She is also responsible for keeping track of our test kit inventory.

Presley Galloway, MLS, completed her masters in Applied Genomics from the University of Connecticut with a 4.0 GPA and did the research for our new blood culture incubator as her Masters project. Presley takes care of the coagulation and hematology analyzers.

Hillary Edwards, MLT, is the key operator for the chemistry analyzer. She is training the rest of the staff on calibrating the multiple tests performed on the analyzer which is an additional step in quality assurance to ensure our laboratory is releasing quality chemistry results.

As an MLT, Jeff Bruns watches over our Blood Bank department. He created an NCH patient Blood Bank history spreadsheet and also takes care of the VIDAS instrument which tests for Procalcitonin.

Barb Jenkins, PBT, continues to excel as a phlebotomist for the laboratory. She is a great representative of the laboratory and won the 2019 Nemaha County Hospital Caring Kind employee of the year.

Diane Kettelhake, MT, lab manager at Nemaha County Hospital focuses on bringing the NCH laboratory up to current standards with written procedures located on the intranet. Two new procedures have been brought into our laboratory which has cut costs by two-thirds and sped up the turnaround time. We are now testing for RSV and, as of September 2019, our department is incubating our blood cultures in the laboratory which provides information to our medical staff in as little as 12 hours. Diane has also written Individualized Quality Control Plans for Procalcitonin, D-Dimer, Serum HCG, Blood Culture Incubation and Arterial Blood Gas testing.



Jeff Bruns

Presley Galloway

Hillary Edwards

Lexa Posadas

Diane Kettelhake

Barb Jenkins

OCTOBER

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|--|--------------|---------|-----------|----------|---|-----------|
| | | | | 1 | 2 | 3 |
| 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| 11 | 12 | 13 | 14 | 15 | 16 | 17 |
| | Columbus Day | | | | | |
| 18 | 19 | 20 | 21 | 22 | 23 | 24 |
| 25 | 26 | 27 | 28 | 29 | 30 | 31 |
| | | | | | | Halloween |
| October Health Tip Stay healthy this fall by eating fruits and vegetables that thrive during this season such as apples, cabbage, broccoli, squash, eggplant and pumpkins. | | | | | | |
| | | | | | For more health tips, connect with us on Facebook — @NemahaCountyHospital | |





Volunteering to Keep Our Community at its BEST

The employees of Nemaha County Hospital jump at every opportunity to help their community. Our employees are able to wear jeans on Fridays for a donation, and each month the money is donated to a different organization.

They also participate each year in a food drive war with other hospitals, provide school supplies for children heading back to school, help pack backpacks

for the Back Pack Program, and host Nemaha County Gives Back. Our employees feel a need to help our community live its best life.

Check out our "Employee Fundraising" section in the financials for a breakdown of the organizations that received donations from our employees.



NOVEMBER

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|-----------------------------------|--------|---------|------------------------|------------------------|--|----------|
| 1 Daylight Saving Time End | 2 | 3 | 4 | 5 | 6 | 7 |
| 8 | 9 | 10 | 11 Veterans Day | 12 | 13 | 14 |
| 15 | 16 | 17 | 18 | 19 | 20 | 21 |
| 22 | 23 | 24 | 25 | 26 Thanksgiving | 27 | 28 |
| 29 | 30 | | | | November Health Tip Don't forget to schedule time for your health during this busy time of year. Getting regular exercise and a good night's sleep will help you be ready for all of your upcoming celebrations. | |
| | | | | | | |

NEMAHA COUNTY HOSPITAL



Nemaha County Hospital extends our thanks to every person who makes it possible to practice medicine in line with our vision—"Giving our best, so you can Live your best." From the patients who entrust us with their care, to the community members who generously donate to the Nemaha County Hospital Foundation, you ensure we will be able to deliver personalized, high-quality service in a safe and caring environment for years to come.

DECEMBER

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|--------|--------|---------|-----------|----------------|--|----------|
| | | 1 | 2 | 3 | 4 | 5 |
| 6 | 7 | 8 | 9 | 10 | 11 | 12 |
| 13 | 14 | 15 | 16 | 17 | 18 | 19 |
| 20 | 21 | 22 | 23 | 24 | 25 | 26 |
| 27 | 28 | 29 | 30 | 31 | Christmas Day | |
| | | | | Christmas Eve | December Health Tip Make your health a priority the entire holiday season. Have fun without over indulging and get plenty of rest. | |
| | | | | New Year's Eve | | |
| | | | | | For more health tips, connect with us on Facebook — @NemahaCountyHospital | |



ACTIVITY SNAPSHOT 2019 WHO WE SERVED

PATIENT DAYS



PATIENT DISCHARGES



AVERAGE LENGTH OF STAY



SURGERY CASES



EMERGENCY DEPARTMENT VISITS



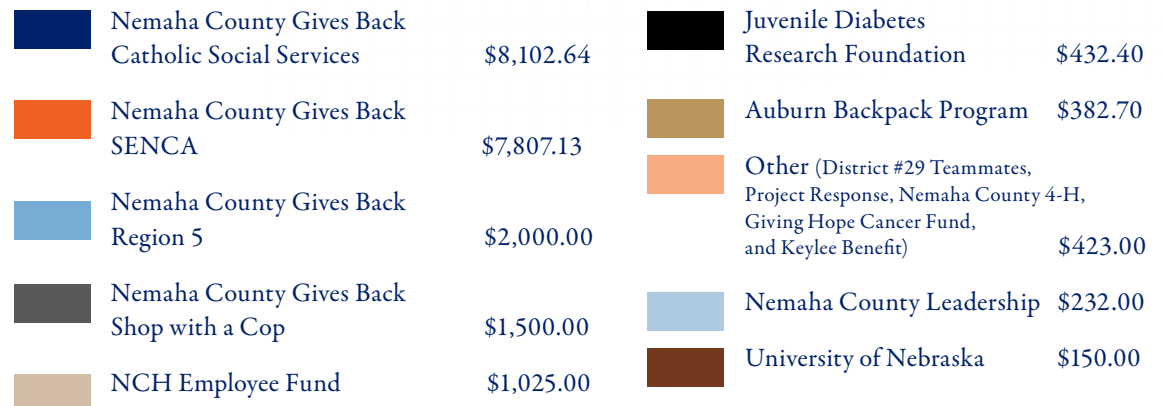
OBSERVATION DAYS



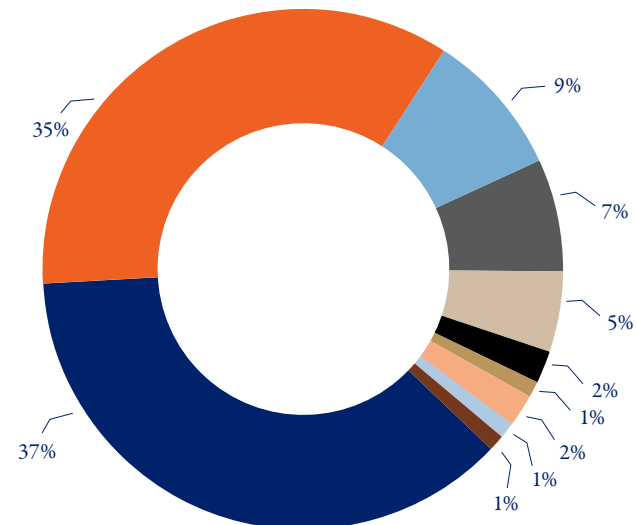
FULL-TIME EMPLOYEES



EMPLOYEE FUNDRAISING 2019



TOTAL EMPLOYEE DONATIONS: \$22,054.87



ASSETS

| | FYE 2019 | FYE 2018 |
|--|--------------|--------------|
| Current Assets: | | |
| Cash & Equivalents | \$1,391,285 | \$2,534,565 |
| Short-Term Investments | \$5,500,000 | \$7,000,000 |
| Current portion of assets limited as to use or restricted | \$228,367 | \$229,727 |
| Receivables: | | |
| Patients, net of estimated uncollectible accounts of \$730,117 in 2019 and \$759,545 in 2018 | | |
| | \$2,520,747 | \$1,675,714 |
| Accrued interest and other | \$129,834 | \$51,639 |
| Inventories | \$294,864 | \$273,545 |
| Prepaid expenses | \$122,886 | \$166,245 |
| Total current assets | \$10,187,983 | \$11,931,435 |
| Long-Term Investments | \$4,000,000 | \$2,500,000 |
| Assets limited to use or restricted, net of current portion | \$2,203,000 | \$2,203,000 |
| Capital assets, net | \$6,829,716 | \$6,370,364 |
| Net pension asset | \$875,988 | \$215,393 |
| Total assets | \$24,096,687 | \$23,220,192 |
| Deferred Outflows of Resources | | |
| Pension related deferred outflows: | \$495,679 | \$734,208 |
| Total assets and deferred outflows of resources | \$24,592,366 | \$23,954,400 |

LIABILITIES AND NET ASSETS

| | FYE 2019 | FYE 2018 |
|---|--------------|--------------|
| Current Liabilities: | | |
| Current portion of long-term debt | \$339,135 | \$336,539 |
| Accounts payable | | |
| Trade | \$371,158 | \$242,603 |
| Accrued salaries, vacation & benefits payable | \$765,504 | \$1,032,526 |
| Accrued interest payable | \$2,267 | \$3,060 |
| Estimated third-party payor settlements | \$270,083 | \$77,746 |
| Total current liabilities | \$1,748,147 | \$1,692,474 |
| Long-term debt, net of current portion | \$- | \$339,135 |
| Total liabilities | \$1,748,147 | \$2,031,609 |
| Deferred Inflows of resources | | |
| Pension related deferred inflows | \$538,636 | \$112,691 |
| Net assets: | | |
| Invested in capital assets, net of related debt | \$6,490,581 | \$5,694,690 |
| Unrestricted | \$15,815,002 | \$16,115,410 |
| Total net assets | \$22,305,583 | \$21,810,100 |
| Total liabilities & net assets | \$24,592,366 | \$23,954,400 |

NEMAHA COUNTY HOSPITAL FINANCES

BY THE NUMBERS APRIL 30, 2019 - 2018

REVENUE

| | FYE 2019 | FYE 2018 |
|--|--------------|--------------|
| Operating Revenue | | |
| Net patient service revenue, net of provision for bad debts | | |
| \$447,574 in 2019 | \$13,487,505 | \$13,483,504 |
| \$412,695 in 2018 | | |
| Other operating revenue | \$71,529 | \$70,719 |
| Total operating revenue | \$13,550,034 | \$13,554,223 |

EXPENSES

| | FYE 2019 | FYE 2018 |
|-----------------------------------|--------------|--------------|
| Operating Expenses | | |
| Salaries & wages | \$5,388,127 | \$5,202,034 |
| Employee benefits | \$1,728,816 | \$1,517,266 |
| Professional & purchased services | \$2,250,519 | \$2,262,197 |
| Supplies & other expenses | \$2,633,222 | \$2,579,986 |
| Depreciation & amortization | \$1,127,719 | \$1,047,595 |
| Insurance | \$67,306 | \$62,560 |
| Total operating expenses | \$13,195,709 | \$12,671,638 |

INCOME and NET ASSETS

| | FYE 2019 | FYE 2018 |
|--|--------------|--------------|
| Operating income | \$354,325 | \$882,585 |
| Nonoperating income | | |
| Investment income (loss) | \$144,346 | \$77,121 |
| Noncapital grants & contributions | \$9,000 | \$- |
| Interest | \$(12,188) | \$(16,732) |
| Nonoperating revenue (expenses), net | \$141,158 | \$60,389 |
| Excess revenue over expenses before capital grants & contributions | \$495,483 | \$942,974 |
| Capital grants & contributions | \$- | \$- |
| Increase in net assets | \$495,483 | \$942,974 |
| Net assets, beginning of year | \$21,810,100 | \$20,867,126 |
| Net assets, end of year | \$22,305,583 | \$21,810,100 |

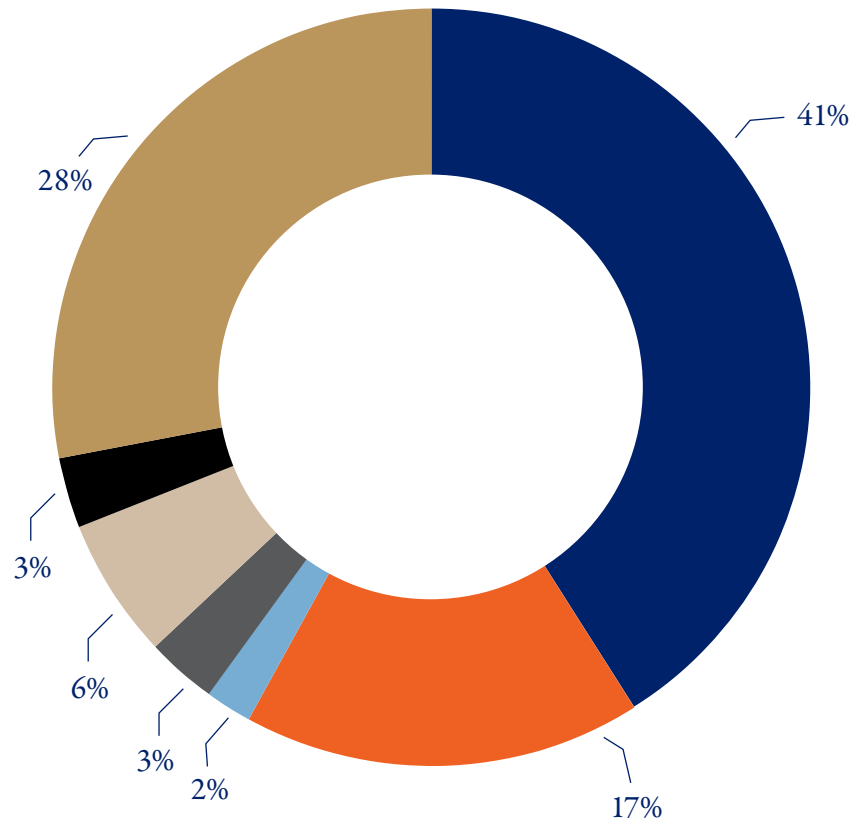
NEMAHA COUNTY HOSPITAL FINANCES

WHERE THE MONEY WENT IN 2018

TOTAL EXPENSES

| | |
|------------------------|-------------|
| Wages & Benefits | \$7,116,943 |
| Insurance Shortfalls | \$2,978,477 |
| Financial Assistance | \$308,077 |
| Bad Debt | \$477,574 |
| Equipment Depreciation | \$1,127,719 |
| Operating Margin | \$495,483 |
| Other Patient Expenses | \$4,951,047 |

WAGES PAID TO EMPLOYEES: \$5 MILLION



HOSPITAL OPERATIONS OVERVIEW

HOSPITAL REVENUES

We billed our patients \$17,242,633

We made insurance adjustments (including Medicare & Medicaid) of \$2,978,477

Due to writeoff of uncollectible patient accounts (Bad Debts) & the inability of some patients to pay their bills (Financial Assistance) we could not collect \$785,651

Therefore, we received from patients \$13,478,505

Other revenue earned from patient activity such as the cafeteria & service contracts was \$71,529

So, total revenues for the year were \$13,550,034

HOSPITAL EXPENSES

Salaries, wages & employee benefits (health & life insurance, retirement & social security) \$7,116,943

Food, medical supplies, utilities & professional services \$4,951,047

Depreciation on buildings & equipment \$1,127,719

Which gave us total expenses of \$13,195,709

Which gave us an operating budget of \$354,325

HOSPITAL INVESTMENT INCOME

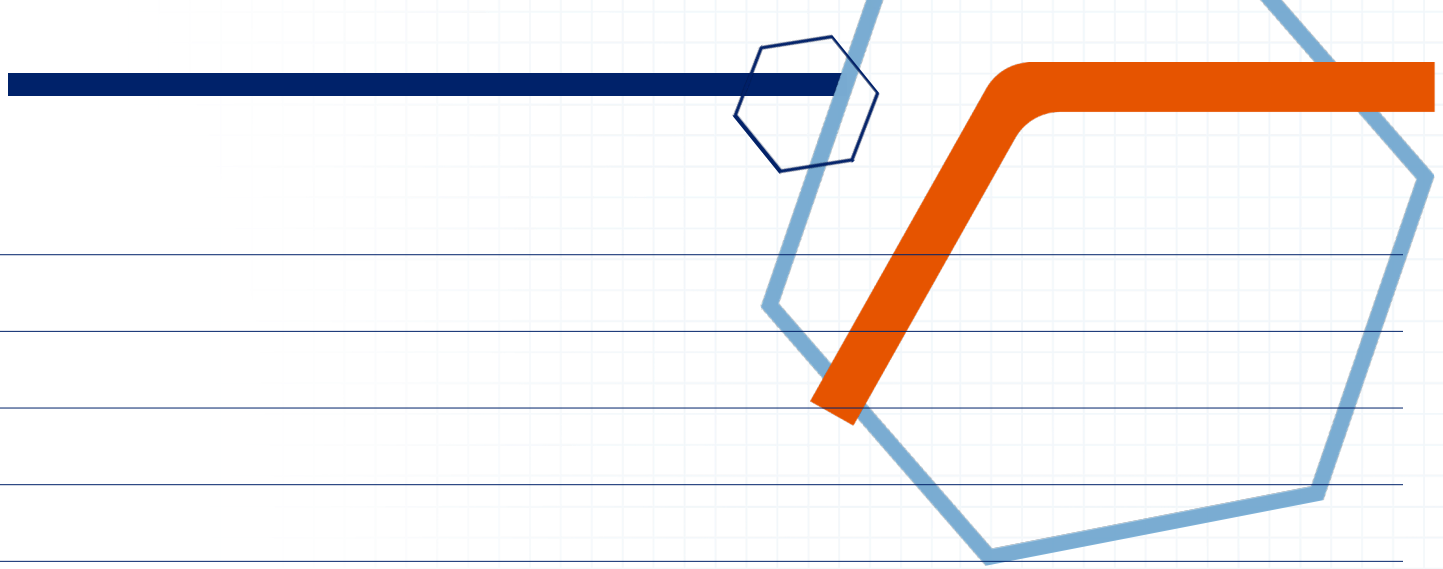
We received interest income on our bank deposits which totaled \$132,158

In addition, we received grant & contribution income which totaled \$9,000

Giving NCH a fund for future growth, new services & equipment improvements of \$495,483

A decorative graphic on the right side of the slide. It features two overlapping hexagons: a solid orange one in the foreground and a light blue one behind it. Several horizontal lines, including a thick dark blue one and a thin orange one, extend from the left edge of the slide towards the hexagons. The background is a light blue grid.

NOTES





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