



Quality Care...Every Time.



2024 CALENDAR

Message from Nemaha County Hospital's CEO

VISION FOR THE FUTURE:

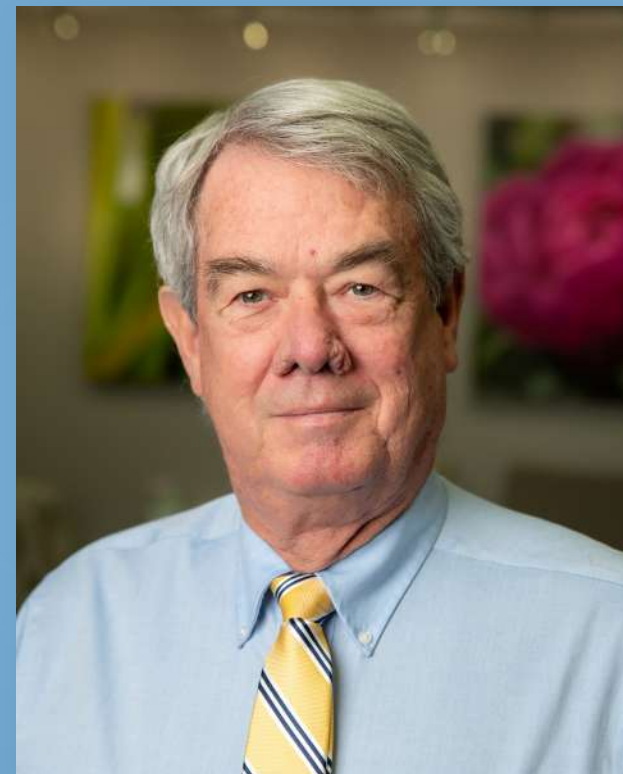
Thank you for reading this year's Annual Report. This report is for the year beginning May 1, 2022 and ending April 30, 2023. So much has happened that we want to make you aware of through this report.

We would like you to know that Nemaha County Hospital is not only a source of excellent medical care for the county and the surrounding areas but is also an economic engine for the area. We prioritize buying goods and services we use locally. The hospital also pays almost \$6.4 million in payroll per year and a great deal of that money is spent by our employees on goods and services in the local communities. Another thing to note is almost 75% of the revenue the hospital receives comes from sources outside of the local area, which means we are bringing in money to the area that wouldn't be here if not for the hospital.

We also bring in as many specialty physicians as possible to regularly see patients in our hospital. This is important because it allows the residents

of this area to receive outstanding specialty care without leaving. This is not only good for the patients, but it is important to the economy of the area because when a patient leaves town for medical care, they may also buy groceries, eat at restaurants, and spend money on other things out of town. By keeping patients at home, we hope they will purchase those goods and services locally.

Please take time to review the activities of the hospital depicted in the pages of this report. If you have any questions, please ask for answers. I think you will find there is much to be proud of at **YOUR** hospital. I think you will also find **YOUR** hospital is in a good financial position and will be here for the foreseeable future.



A handwritten signature in blue ink, which appears to read "Marty Fattig". The signature is stylized and fluid.

Marty Fattig, CEO

NEMAHA COUNTY HOSPITAL



MISSION STATEMENT

Quality Care—Every Time.



LOCATION

At Nemaha County Hospital, quality care is always close to home. We serve Southeast Nebraska, Northwest Missouri, and Northeastern Kansas.



VISION STATEMENT

Be the Hospital of Choice by Providing
Compassionate Care and Exemplary Service.



CORE VALUES

Integrity

Courage

Attentiveness

Respect

Excellence



KEY FIGURES

Nemaha County Hospital is a vital part of our region. We are one of the largest employers in Nemaha County, attracting skilled workers to our area, enhancing the local economy, and providing critical healthcare services to thousands of area residents.

IMPORTANT CONTACT INFORMATION



Operator/Switchboard | **402-274-4366**

Appointment and Scheduling | **402-274-6140**

Human Resources | **402-274-6121**



Email | **info@nchnet.org**



Online | **Nemahacountyhospital.com**

Nemaha County Hospital Board of Directors 2023



Richard Moody
Chairman



Dr. Daryl Long, PhD
Vice-Chairman



Brent Lottman
Member-at-Large



Kay Oliver
Secretary



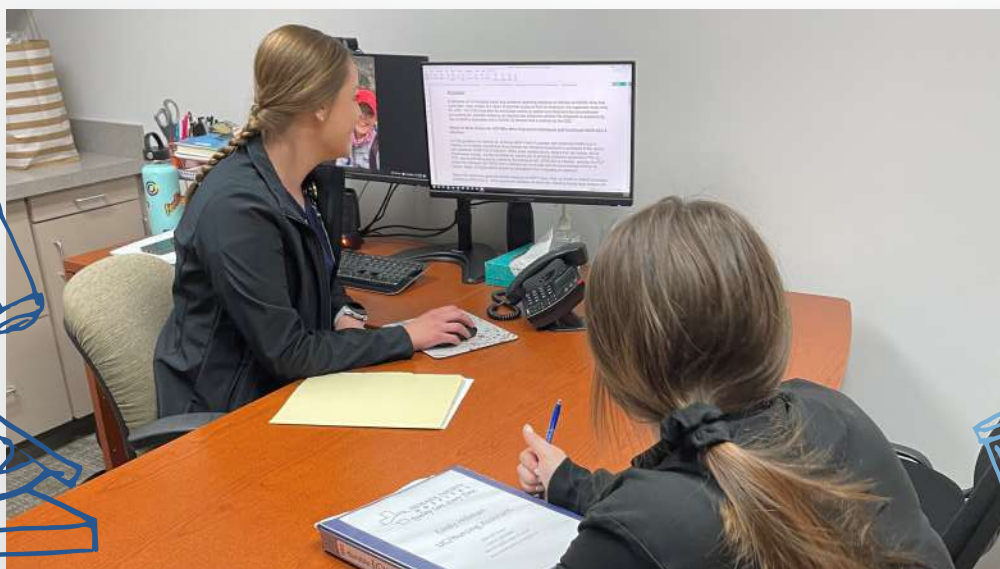
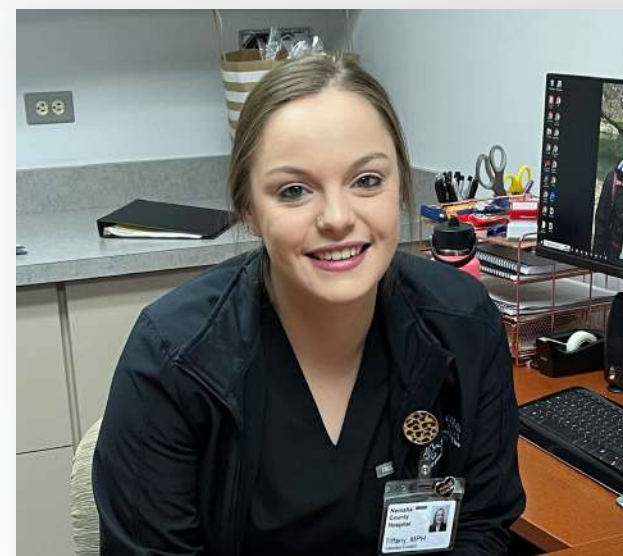
Michael Casey
Treasurer

Infection Control: Safeguarding Health, One Germ at a Time

Tiffany Elliott, MPH, holds the role of Infection Control Epidemiologist at Nemaha County Hospital. She earned her Master's in Public Health, with a specialization in Epidemiology, from the University of Nebraska Medical Center (UNMC). During her tenure at UNMC, Tiffany's research primarily centered around infectious disease epidemiology, genomic epidemiology, and the genomics of pathogens such as SARS-CoV-2 and West Nile Virus.

You might be curious about what an epidemiologist does and how their work benefits the hospital. In essence, an epidemiologist is a dedicated public health professional skilled in deciphering the origins and locations of disease outbreaks, as well as devising strategies to prevent or halt their spread. "Some affectionately refer to us as 'disease detectives,' while others see us as 'number nerds,' shares Tiffany.

As an Infection Control Epidemiologist, Tiffany plays a vital part in enhancing the quality of patient care. She actively promotes and enforces infection prevention and control measures, making a significant contribution to safeguarding patients' well-being. Infection control is a cornerstone of our commitment to providing the highest standards of patient care. Preventing infections is just one of the many ways we strive to ensure our patients can live their best lives.



January 2024

JANUARY HEALTH TIP

Stay Hydrated: Start the year off right by making sure you drink enough water daily. Proper hydration is essential for overall health and well-being.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 New Year's Day	2	3	4	5	6
7	8	9	10	11	12	13
14	15 Martin Luther King Jr. Day	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

NOTES _____

Radiology

Our radiology department is a vital part of our hospital, providing high-quality diagnostic imaging and image-guided treatments for our patients. We have a team of dedicated and experienced radiologic technologists and support staff who work together to ensure the best possible care for our patients. Our radiology department is committed to providing a safe, efficient, and patient-centered environment.

- **Logan Ahl** has been an asset on the night shift. He specializes in CT and X-ray and has IT experience related to diagnostic imaging. Originally from Fairbury, NE, he moved to Auburn in March of 2023 and has become a key member of our team.

- **Amanda Beard** is well-known throughout the community and is also one of our lead technologists. She has shown her masterful skill in CT since her onboarding in 2023. Amanda has recently finished Mammography training and is on her way to becoming a certified mammography technologist.

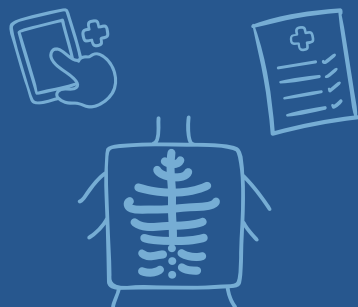
- **Carla Pettijohn** is our Radiology Clerk. Carla has been instrumental in day-to-day operations, including scheduling and coordinating with doctors and other healthcare professionals to ensure the

best possible patient experience at Nemaha County Hospital. She is obtaining her limited radiology license, which will allow her to perform X-rays.

- **Brian Schaefer** came aboard in 2021 and is the Director of Radiology for Nemaha County Hospital. He is responsible for overseeing the operations and management of our Radiology department.

We offer various imaging services, including X-rays, fluoroscopy, ultrasound, magnetic resonance imaging (MRI), computed tomography (CT), mammography, and bone densitometry. We utilize the latest technological advancements in diagnostic imaging to produce clear and accurate images that help diagnose and treat various diseases and conditions.

We are proud of our radiology department and the services we provide to our community. We are always looking for ways to enhance our skills and expertise, and collaborate with other medical and surgical specialists within our hospital. We believe that radiology is an essential branch of medicine that can make a difference in the lives of our patients.



February 2024

**FEBRUARY
HEALTH TIP**

Practice Heart-Healthy Eating: For Heart Health Month, prioritize a heart-healthy diet with fruits, veggies, whole grains, and lean proteins.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 National Freedom Day	2 Groundhog Day	3
4	5	6	7	8	9	10
11	12	13	14 Valentine's Day	15	16	17
18	19 Presidents' Day	20	21	22	23	24
25	26	27	28	29		

NOTES _____

Simulation in Motion

Simulation In Motion—Nebraska seeks to enhance the quality and accessibility of emergency medical education to rural and frontier areas. These trainings provide high-quality, technologically advanced simulations to the Emergency Medical Care Providers in Critical Access Hospitals and ambulance services across the entire state.

During a busy week of training sessions, the Simulation in Motion Nebraska team had the privilege of conducting a chest trauma scenario training at Nemaha County Hospital in Auburn. They worked closely with the nursing staff and providers and were pleased to report the case was expertly managed. The session also fostered valuable discussions and generated insightful questions about trauma protocols.

All were grateful for the opportunity to collaborate for this training. We eagerly anticipate our next training opportunity and the chance to continue enhancing our shared knowledge and skills.



March 2024

MARCH
HEALTH TIP

Get Moving: With spring here, aim for 150 weekly minutes of moderate exercise to boost fitness and energy.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
St. Patrick's Day						
24	25	26	27	28	29	30
31					Good Friday	
Easter						

NOTES

Auburn FBLA Chooses Nemaha County Hospital As Business of the Year!

The Auburn FBLA Business of the Year program is an initiative that bridges the gap between the business world and education. This program brings real-life business professionals into the classroom setting at Auburn High School. Each month, a representative from a specific department in a local business joins students for lunch in the classroom. During these sessions, the guest speaker shares their personal journey and experiences that have led them to their current role. Moreover, they provide insights into the duties and responsibilities associated with their chosen career path. This program

serves as a valuable opportunity for students to gain practical knowledge and connect with professionals in the business community.

This year, Nemaha County Hospital extended a wonderful gesture by hosting monthly speaker sessions featuring professionals from different departments. Additionally, they generously provided lunch for the chapter during these events.



April 2024

APRIL HEALTH TIP

Prioritize Sleep: Quality sleep is vital for health. Establish a consistent sleep schedule and create a relaxing bedtime routine to ensure you get enough rest.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Easter Monday April Fool's Day	2	3	4	5	6
7	8	9	10	11	12	13 Thomas Jefferson's Birthday
14	15	16	17	18	19	20
21	22 Earth Day	23	24	25	26	27
28	29	30				

NOTES _____

DOCTORS



Dr. Amanda Enszt, MD



Dr. Andrew Enszt, MD



Dr. Gary Enszt, MD



Dr. John A. Gill, MD



Dr. Jeffrey G. Meade, MD



Dr. Michael L. Zaruba, MD

PHYSICIAN ASSISTANTS



Lindsey Adams PA-C



Matt Roesner PA-C



Courtney Kreifels, PA-C



Nathan Strasser PA-C



Jenna Sobotka PA-C

Physicians and PA's

Our physicians put you first. They all are board-certified and committed to your health. Nemaha County Hospital (NCH) physicians are supported by a complete healthcare team, including five certified Physician Assistants.

All Physicians and Physician Assistants serve in our Trauma Center and Emergency Department—NCH is the only hospital in Southeast Nebraska to offer in-house Advanced Trauma Life Support Certified providers 24/7. In addition, the entire team is also certified in Basic Life Support and Advanced Cardiac Life Support.

Specialists

Nemaha County Hospital (NCH) offers several specialty clinics that bring well-known physicians to our area for our communities' convenience and good health. Why drive for hours to see a physician when the specialists come to see you?

NCH offers a broad range of health services. Our team of highly trained professionals is prepared to meet your healthcare needs in a compassionate, friendly, and professional manner.

Most routine procedures and tests ordered by your physician can be safely performed here at NCH. With nearly 25 consulting specialists, we offer you services you would normally have to travel to the city for.

Each physician is board-certified in their area of specialty. They have been chosen to come to NCH for their expertise and desire to serve patients outside of the metro area. Whether you see these doctors at their office or at NCH, you will find the same high level of care, much closer to home.

SPECIALISTS



Dr. Kaliprasad Ayala
Cardiology



Dr. Hemantha Koduri
Cardiology



Dr. Douglas Netz
Cardiology



Taylor Rohrbaugh PA-C
Cardiology



Dr. Zachary Singsank
Cardiology



Dr. Chad Travers
Cardiology



Dr. Kelly J. Krier
Colorectal Surgeon



Dr. Patrick Farrell
ENT



Dr. Kyle Rose
Gastroenterology



Dr. Irfan Vaziri
Hematology/Oncology



Dr. James Bobenhouse
Neurology



Dr. Daniel Tomes
Neurosurgeon



Dr. Frank DeVries
OB-GYN



Dr. Sao Jang Liu
Ophthalmology



Dr. David Clare
Orthopedics



Steve Gabriel, PA-C
Orthopedics



Dr. Adam Streit
Orthopedics



Maria Dentlinger PA-C
Orthopedics



Dr. Clayton Damme
Pain Specialist



Alicia Clough PA-C
Podiatry



Dr. Evan Lenertz
Podiatry



Dr. Gary Koenig
Pulmonology



Aaron Aldana, PA-C
Surgery



Jessica Zaruba, PA-C
Surgery



Dr. Stephen Nagengast
Surgery



Dr. Tara Kirkpatrick
Urology



Simone Vampola, APRN
Urology



Dr. Heidi Hansen
Vascular

Maintenance Department

Celebrating the Unsung Heroes: Meet the dedicated individuals of Nemaha County Hospital's Maintenance Department who ensure the hospital runs seamlessly and beautifully.

The Maintenance Department at Nemaha County Hospital has three dedicated full-time employees.

- **Jason Roush**

Director of Facilities (September 2013)

- **Dennis McClintock**

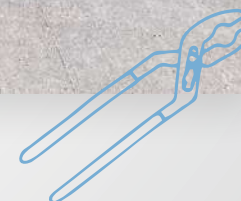
Maintenance Technician (April 2015)

- **Mike Vrtiska**

Maintenance Technician and Certified Arborist (April 2015)

The Maintenance Department plays a crucial role in maintaining and overseeing the hospital's equipment, which includes HVAC systems, electrical infrastructure, and patient care equipment. Additionally, they are responsible for ensuring Nemaha County Hospital strictly adheres to all Life Safety and Fire Codes, ensuring the safety and well-being of all patients and staff members.

Nemaha County Hospital takes pride in its affiliation with the Nebraska Statewide Arboretum, an achievement that reflects Mike Vrtiska's dedicated efforts. The hospital boasts an impressive array of native trees and wildflowers throughout its grounds, contributing to a beautiful and serene environment. Both staff and patients find solace in strolls through the hospital's landscaped grounds, appreciating the natural beauty surrounding them.



May 2024

**MAY
HEALTH TIP**

Mental Health: During Mental Health Awareness Month, prioritize emotional well-being through mindfulness, support, and stress management.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
Mother's Day						Armed Forces Day
19	20	21	22	23	24	25
26	27	28	29	30	31	
	Memorial Day					

NOTES _____

Community Involvement



June 2024

**JUNE
HEALTH TIP**

Enjoy the Outdoors: Leverage longer days and warmer weather for outdoor time, benefiting both mental and physical health.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
					Flag Day	
16	17	18	19	20	21	22
Father's Day			Juneteenth			
23	24	25	26	27	28	29
30						

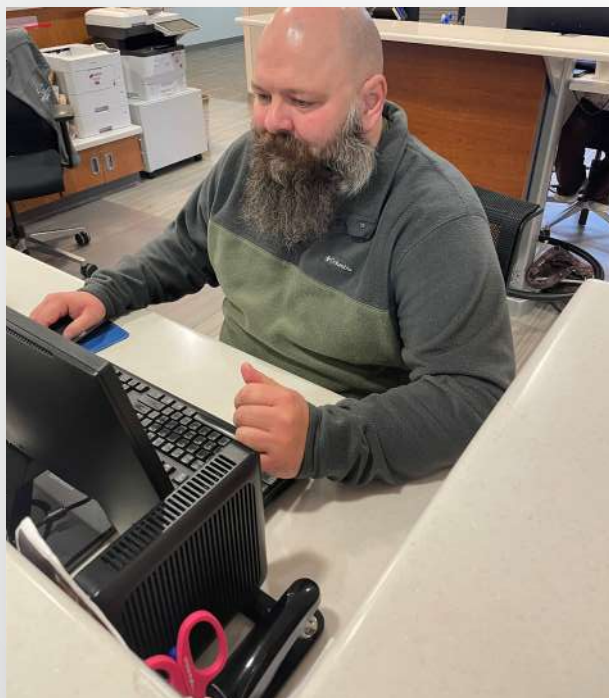
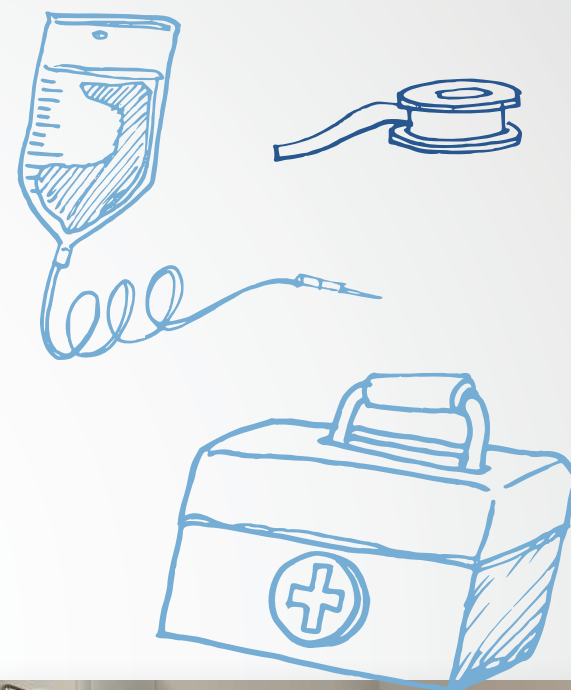
NOTES

NCH Paramedics

The Nemaha County Hospital added paramedics to our emergency department in September of 2022. The program consists of three full-time paramedics and two casual paramedics.

Paramedics provide basic to advanced emergency rescue and paramedical care to the ill and injured, not only in the ambulance but also in the ER. A seasoned paramedic, like a seasoned ED nurse, is able to make rapid assessments, quickly determine the emergent needs of the patient, and provide the appropriate care. Paramedics will perform patient management of acute patients in preparation for transport or transfer to hospitals and other facilities when needed.

The goal of the paramedic program at NCH is to cut down on transport wait time for acute and critically ill patients needing immediate transport. This is achieved by the help of Auburn and Peru volunteer rescue. Paramedics working alongside local EMS help ensure a safe and proficient transfer of care to all NCH patients. Paramedics at NCH are staffed 24/7 to ensure coverage is always met when needed. All paramedics working at NCH are Basic Life Support (BLS), Advanced Cardiac Life Support (ACLS), as well as Pediatric Advanced Life Support (PALS) certified and are ventilator trained.



July 2024

JULY
HEALTH TIP

Sun Safe: Protect your skin from harmful UV rays by wearing sunscreen, sunglasses, and protective clothing when you're outside. Skin health is crucial.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4 Independence Day	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28 Parents' Day	29	30	31			

NOTES

Activity Snapshot 2023

WHO WE SERVE

Patient Days



Patient Discharges



Average Length of Stay



Surgery Cases



Emergency Department Visits



Observation Days



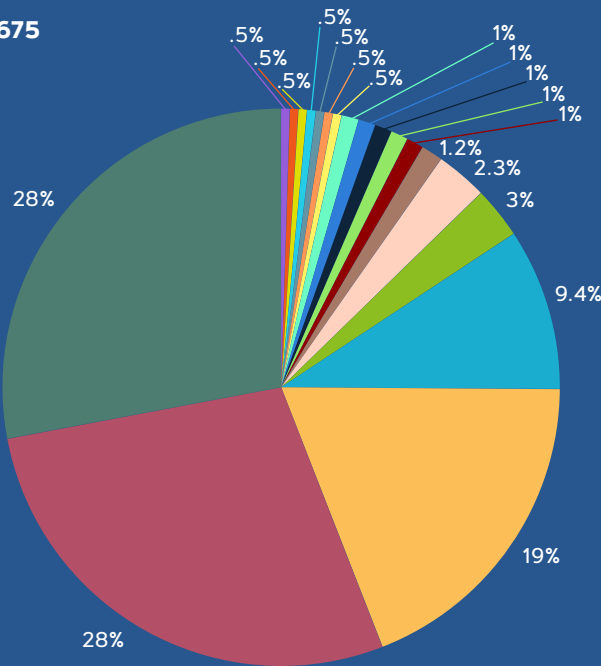
Full-Time Employees



EMPLOYEE FUNDRAISING 2023

Nemaha County Gives Back - SENCA	\$3,001	Auburn Public Schools	\$100
Nemaha County Gives Back - Catholic Social Services	\$3,000	Auburn Sixpence	\$92
Nemaha County Gives Back - Project Response	\$2,000	Nemaha Volunteer Fire Dept	\$52
Nemaha County Gives Back - Region 5	\$1,000	Brownville Volunteer Fire Dept	\$52
Giving Hope Cancer Fund	\$337	Peru Volunteer Fire Dept	\$52
JDRF	\$319	Brock Volunteer Fire Dept	\$52
Nemaha County 4H	\$135	Johnson Volunteer Fire Dept	\$52
National Fire Safety	\$120	Auburn Volunteer Fire Dept	\$52
Wings of Hope	\$107	Julian Volunteer Fire Dept	\$52
Johnson Brock Backpacks	\$100		

Total Raised: **\$10,675**



ASSETS

	FYE 2023	FYE 2022
CURRENT ASSETS		
Cash & equivalents	\$10,575,858	\$19,765,240
Short-term investments	\$6,500,000	\$2,000,000
Current portion of assets limited as to use or restricted	-	-
Patients, net of estimated uncollectible accounts of \$749,353 in 2023 and \$755,124 in 2022	\$2,522,255	\$2,050,594
RECEIVABLES		
Accrued interest	\$496,661	\$332,457
Other inventories	\$116,586	\$16,339
Prepaid expenses	\$216,086	\$236,148
Estimated third-party payor settlements	\$168,297	-
TOTAL CURRENT ASSETS	\$20,595,743	\$24,400,778
Long-term investments	\$5,000,000	\$1,000,000
Assets limited to use or restricted, net of current portion	-	\$1,800,000
Capital assets, net	\$5,834,690	\$6,348,710
Net pension asset	\$1,700,061	\$891,544
TOTAL ASSETS	\$33,130,494	\$34,441,032
Deferred outflows of resources	-	-
Pension related deferred outflows:	\$674,026	\$640,753
TOTAL ASSETS AND DEFERRED OUTFLOWS OF RESOURCES	\$33,804,520	\$35,081,785



LIABILITIES AND NET ASSETS

	FYE 2023	FYE 2022
CURRENT LIABILITIES		
Current portion of long-term debt	-	-
Accounts payable	\$392,871	\$432,674
Accrued salaries, vacation & benefits payable	\$1,072,826	\$969,985
Accrued interest payable	-	-
Estimated third-party payor settlements	-	\$1,704,305
Refundable advance	-	\$1,944,047
TOTAL CURRENT LIABILITIES	\$1,465,697	\$5,051,011
Long-term debt, net of current portion	-	-
Net pension liability	-	-
TOTAL LIABILITIES	\$1,465,697	\$5,051,011
Deferred inflows of resources	-	-
Pension related deferred inflows	\$1,399,006	\$878,366
Net investment in capital assets	\$5,834,690	\$6,348,710
Unrestricted	\$25,105,127	\$22,803,698
Total net position	\$30,939,817	\$29,152,408
TOTAL LIABILITIES AND NET ASSETS	\$33,804,520	\$35,081,785

By The Numbers: 2022-2023

REVENUE

	FYE 2023	FYE 2022
OPERATING REVENUE		
Net patient service revenue, net of provision for bad debts of \$342,242 in 2023 and \$377,327 in 2022	\$18,434,907	\$16,129,111
Other operating revenue	\$133,022	\$153,344
TOTAL OPERATING REVENUE	\$18,567,929	\$16,282,455

EXPENSES

	FYE 2023	FYE 2022
OPERATING EXPENSES		
Salaries & wages	\$6,398,358	\$5,747,527
Employee benefits	\$1,583,493	\$1,575,336
Professional & purchased services	\$4,337,137	\$3,095,340
Supplies & other expenses	\$3,688,639	\$3,312,159
Depreciation & amortization	\$1,022,870	\$969,271
Insurance	\$93,160	\$84,907
TOTAL OPERATING EXPENSES	\$17,123,657	\$14,784,540

INCOME AND NET ASSETS

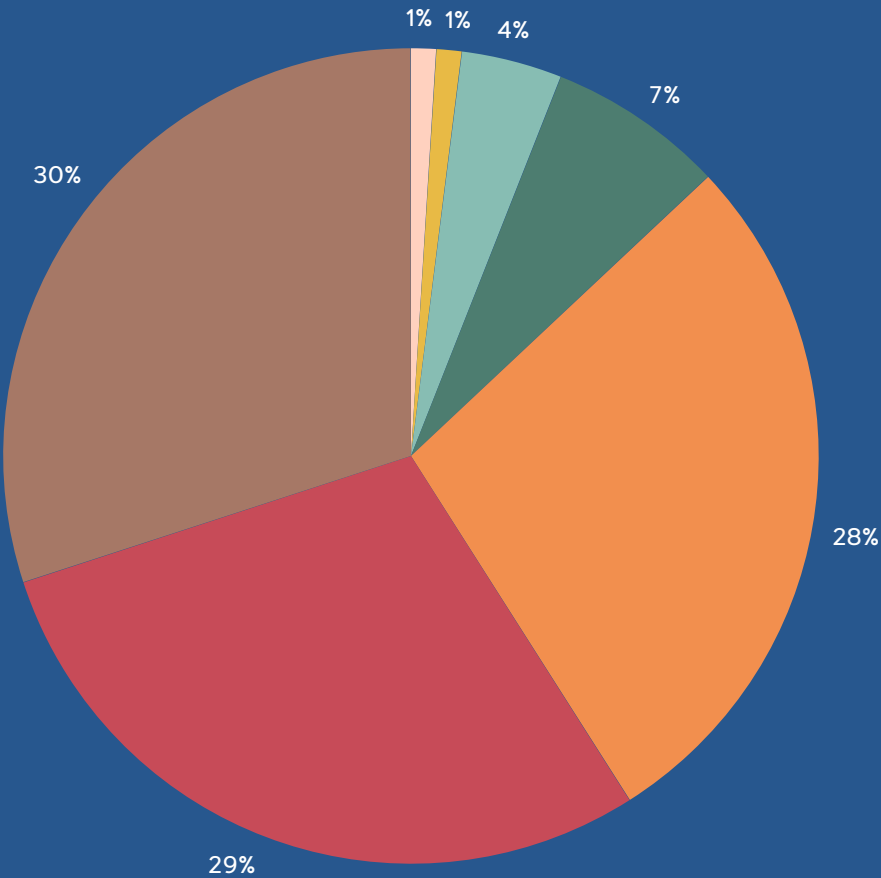
	FYE 2023	FYE 2022
Operating income	\$1,444,272	\$1,497,915
Nonoperating income	-	-
Investment income (loss)	\$230,301	\$54,546
Noncapital grants & contributions	\$12,836	\$2,943,997
Interest	-	-
Nonoperating revenue (expenses), net	\$243,137	\$2,998,543
Excess revenue over expenses before capital grants & contributions	\$1,687,409	\$4,496,458
Capital grants & contributions	\$100,000	-
Increase in net assets	\$1,787,409	\$4,496,458
Net assets, beginning of year	\$29,152,408	\$24,655,950
Net assets, end of year	\$30,939,817	\$29,152,408

WHERE THE MONEY WENT IN 2023

TOTAL EXPENSES

Wages & Benefits	\$7,981,851	Equipment Depreciation	\$1,022,870
Insurance Shortfalls	\$7,639,146	Operating Margin	\$1,787,409
Financial Assistance	\$274,571	Other Patient Expenses	\$8,118,936
Bad Debt	\$342,242		

WAGES PAID TO EMPLOYEES: \$7,900,000



HOSPITAL OPERATIONS OVERVIEW

HOSPITAL REVENUE

Billed our patients	\$26,690,866
Insurance adjustments (including Medicare & Medicaid)	\$7,639,146
Write-off of uncollectible patient accounts (bad debts) & the inability of some patients to pay their bills (financial assistance)	\$616,813
Received from patients	\$18,434,907
Other revenue earned from patient activity such as the cafeteria & service contracts	\$133,022

TOTAL REVENUES FOR THE YEAR \$18,567,929

HOSPITAL EXPENSES

Salaries, wages & employee benefits (health & life insurance, retirement & social security)	\$7,981,851
Food, medical supplies, utilities & professional services	\$8,118,936
Depreciation on buildings & equipment	\$1,022,870
Total expenses	\$17,123,657

OPERATING INCOME OVER EXPENSES \$1,444,272

HOSPITAL INVESTMENT INCOME

Received interest income on our bank deposits	\$230,301
Grant & contribution income	\$112,836

GIVING NCH A FUND FOR FUTURE GROWTH, NEW SERVICES & EQUIPMENT IMPROVEMENTS OF \$1,787,409

Medical-Surgical Unit

The Medical-Surgical Unit, also referred to as Med-Surg, is the area of the hospital that cares for inpatient admissions. Nemaha County Hospital is also proud to provide rehab services that helps strengthen and care for Skilled Nursing Facility patients prior to going home.

When admitted to the Med-Surg unit, patients can rest assured they receive the best care to get them back into their routines. Daily rounds are performed on our inpatients by the Physician, Physician Assistant, Nurse, Pharmacist, and Respiratory Therapist to ensure our patients receive well-rounded care. Our nurses also act as social workers for our patients, helping to arrange appointments, refer patients to home care services, and assisted living/nursing home admissions.

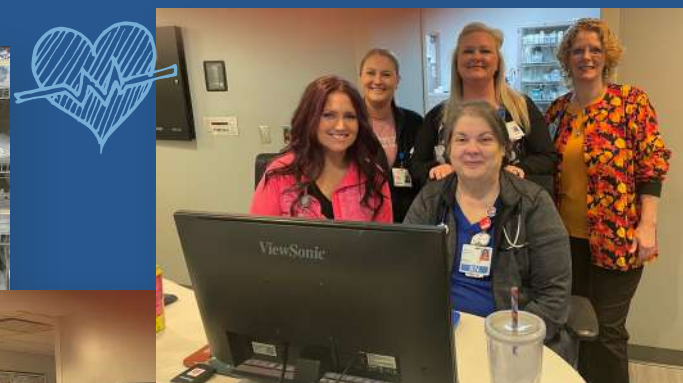
Our Med-Surg personnel also staff our emergency room, ensuring quality care and expertise when you need it most. All of our nursing staff are trained in

Basic Life Support (BLS), with our Registered Nurses obtaining additional training in Advanced Cardiac Life Support (ACLS) and Trauma Nurse Core Course (TNCC). Nemaha County Hospital is proud to offer in-house Advanced Trauma Life Support (ATLS), Pediatric Advanced Life Support (PALS) certified Physician Assistants 24/7, and 24-hour on-call Physicians for emergency and trauma situations. In addition to our full-time nursing staff, we have added Travel Nurses to our team, bringing in additional knowledge and experience from all over the country.

Patient safety is a top priority at Nemaha County Hospital. We recently purchased new MindRay

monitors for our ER rooms and portable DataScopes for the Med-Surg unit. These new monitors allow nursing staff to see patient vital signs, such as pulse oximetry, blood pressure, and cardiac monitoring at our nurse's station in real-time.

Our Med-Surg and ER departments are staffed 24/7/365 with dedicated nursing staff. With over **200 years** of combined experience, our nursing staff is prepared to provide the community with **Quality Care, Every Time.**



August 2024

AUGUST
HEALTH TIP

Balanced Nutrition: Embrace a balanced diet with diverse nutrients. Add colorful fruits and veggies for overall health.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

NOTES _____

60th Anniversary Celebration

Nemaha County Hospital's 60th anniversary is a remarkable milestone in its rich history of serving the community's healthcare needs. The hospital commemorates this momentous occasion with special events and initiatives reflecting its enduring commitment to providing exceptional care.

Throughout this, Nemaha County Hospital expresses its gratitude to the community it serves and reaffirms its dedication to delivering high-quality, compassionate care for *many years to come*.



September 2024

SEPTEMBER HEALTH TIP

Stay Immunized: As flu season approaches, make sure you're up-to-date on vaccinations and get a flu shot if recommended by your healthcare provider.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 Labor Day	3	4	5	6	7
8 National Grandparents Day	9	10	11 Patriot Day	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

NOTES _____

Greener Towns



If you've taken a stroll on the walking trail in the past week, you may have noticed a new sign proudly proclaiming Auburn as a "Greener Town" in association with the Nebraska Statewide Arboretum (NSA). This achievement is a testament to the remarkable dedication of Mike and our Maintenance Crew in beautifying our hospital grounds. As a result of their hard work, we are eligible for grants covering up to 50% of our annual plant-related expenses.

One outstanding recognition that shines a spotlight on our commitment to sustainable landscaping and tree planting is the prestigious Jim Kluck Honor Award. This award is presented to individuals who have contributed substantially to the Nebraska Statewide Arboretum and its affiliate sites.

When asked about the recognition, Mike Vrtiska humbly shared, "From what I understand, they gave me the award for all of the trees that I have planted at both my own arboretum and here at the hospital, along with the sustainable landscaping practices that I have implemented here too."

Mike Vrtiska, a certified arborist, not only tends to the grounds at Nemaha County Hospital but also undertakes tree-planting efforts on his 160-acre property near Cook. In honor of the late Jim Kluck, a devoted NSA supporter, board member, and curator, this award acknowledges individuals or organizations that have left a significant mark on the NSA or one of its affiliate sites.

Congratulations to Mike for this well-deserved recognition! We are all immensely proud of his exceptional work transforming our grounds into a breathtakingly beautiful space.



GREENER TOWNS:

Green Nebraska communities recognize the importance of green infrastructure in keeping our communities vibrant, livable, and prosperous. Through tree planting, garden making, and water management, these communities plant Nebraska for healthy people, vibrant communities, and a resilient environment.



October 2024

OCTOBER
HEALTH TIP

Practice Stress Management: In Stress and Breast Cancer Awareness Month, try meditation, yoga, or deep breathing for a calm mind.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
6	7	8	9	10	11	12
13	14 Columbus Day	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31 Halloween		

NOTES

Employee Engagement



November 2024

**NOVEMBER
HEALTH TIP**

Practice Gratitude: In the spirit of Thanksgiving, practice gratitude daily. It can improve your mental well-being and foster positive relationships.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3	4	5	6	7	8	9
10	11 Veterans Day	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28 Thanksgiving Day	29	30

NOTES _____

Nemaha County Hospital Foundation

The NCH Foundation, founded in 1990, has a mission to support healthcare services and hospital projects through charitable donations.

The members of the Nemaha County Hospital’s Foundation Board are dedicated individuals who play a crucial role in supporting the hospital’s mission and enhancing its services. Comprising community leaders and passionate advocates, these board members work tirelessly to raise funds and allocate

resources strategically to benefit the hospital and its patients. Their responsibilities encompass organizing fundraising events, cultivating relationships with donors, and overseeing the prudent management of donated funds.

If you would like the opportunity to serve on the Foundation Board or would like more information about Nemaha County Hospital, please call or write:

Nemaha County Hospital Administrative Office
2022 13th Street
Auburn, Nebraska 68305
402-274-6121 or 402-274-6139



FOUNDATION CONTRIBUTIONS

	FYE 2023
Joe Allison Memorial	\$315
Sue Penney Donation	\$49.64
Employee Donations	\$367
Dick Hahn Memorial Donations	\$726.25
Jeff Dierberger Donation	\$496.36
Community Insurance Group Donation	\$500
State Bank of Table Rock Donation	\$500
Robert E & Helen Nichols Donation	\$1,000
Prairie Ventures Purchasing Group	\$ 14,483

CURRENT BOARD MEMBERS

- Joe Casey
Ruth Gerdes
Derek Hemmingsen
Jackie Kelsay
- Brent Lottman
Sara Moody
Jackie Obermeyer
Virginia Pippert
- Susie Shupp
Clint Swanson

You can now donate many different ways!
Donations can be mailed to the address below
or online at: www.nemahacountyhospital.com

December 2024

**DECEMBER
HEALTH TIP**

Holiday Habits: In the holiday season, make mindful choices in diet and alcohol. Stay active and prioritize self-care for a healthy year-end.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7 Pearl Harbor Remembrance Day
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25 Christmas Day	26	27	28
29	30	31 New Year's Eve				

NOTES _____

This image shows a single sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

[illegible]



2022 13th Street

Auburn, NE 68305

www.nemahacountyhospital.com

PRESORT-STD
ECRWSS
U.S. POSTAGE
PAID
OMAHA, NE
PERMIT NO. 678

Local Postal Customer

